

# Cobb County Senior Services Joins National Movement to ‘End the Wait’ for Seniors Facing Hunger!

***Local Meals on Wheels Provider Joins March for Meals Campaign to Highlight Increased Need in the Community!***

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**C**obb County Senior Services, a local provider for Meals on Wheels, will participate in March for Meals, a national month-long awareness campaign led by Meals on Wheels America. This year’s campaign focuses on ending the wait for the thousands of seniors waiting for meals and connection nationwide.

“Receiving Meals on Wheels services can be life-changing for a senior who can no longer cook or shop for themselves,” says Ioana Bovo-Nicolescu, Director, Cobb County Senior Services. “However, with the number of older adults in our community growing, we have more seniors turning to us for meals than we have funding to serve. When we receive support from individuals, businesses or other groups, that gift goes directly to provide meals for those who would otherwise remain on the waitlist.”

The evidence-based program goes beyond providing nutrition. Cobb County Senior Services’ dedicated volunteers also deliver much-needed social interaction during the weekly visits.

“It’s not just about the meals. Many seniors in the program don’t have a lot of visitors or contact with others. A visit from a friendly volunteer provides human connection and allows for a wellness check. If a senior is experiencing other challenges, the volunteer can alert our case managers or call for emergency assistance for more urgent matters,” says Bovo-Nicolescu.

Cobb County Senior Services is asking the community to step up and ensure that their older neighbors receive this vital service. Those interested in donating to provide meals for Cobb seniors, can visit [cobbcounty.gov/senior-services/donate](http://cobbcounty.gov/senior-services/donate) or contact [cobbseniors@cobbcounty.gov](mailto:cobbseniors@cobbcounty.gov) to explore other ways of supporting the program.

## **About Cobb County Senior Services**

For more than 50 years, Cobb County Senior Services (CCSS) has provided older adults (55+) and their families with programs and resources such as Meals on Wheels, transportation, Veteran outreach, care management, and volunteer opportunities. CCSS operates seven senior centers throughout Cobb County, offering engaging activities, educational classes, fitness programs, workout rooms, social events, day trips, and more. For more information, visit [www.cobbseniors.org](http://www.cobbseniors.org) or call 770-528-5355.