



# Senior News

Serving AUGUSTA & the CSRA

Information For Ages  
**50 PLUS!**

*Visiting Living  
History Park!*

*Story on Page 5*

July 2014  
Vol. 28, No. 7

## Taking Care

# Summer Lovin'... Enjoy summer's pleasures with your loved one!

There are many ways to treat yourself or your loved one to the joys of the outdoors and warmer temperatures.

by LISA M. PETSCHKE

**M**any people consider summer to be a time of living and being relatively carefree. The mild temperatures and increased daylight have a positive effect on our moods and allow more time for outdoor activities. We dress lighter, driving conditions are better and oftentimes we go on vacation, experiencing a change of scenery and peace.

If you are caring for someone with a chronic illness, it may not be possible to completely kick back. However, there are many things you can do, together with your loved one, to enjoy summer's many pleasures.

Even if you are not a caregiver, the following ideas are worth checking out.

### Refresh the décor

Decorating to reflect the season can help put you in a lighter frame of mind.

Here is how to do it:

- Bring in flowers from your garden and display them around your home.
- Accessorize indoors with light, bright colors. Room accents can take the form of cushion covers, tablecloths, placemats or a mantel scarf, for instance.
- For color inspiration, think summer flowers and tropical fruits. Do not over-look white, which gives a crisp, fresh look. For patterns, try florals and gingham checks.
- Choose ocean blues and greens for a psychological cooling effect.
- Marine themes are always popular at this time of year. Bring out that collection of seashells and display them in a bowl.
- Summer is a good time to be whimsical, so have some fun with decorating.

### Make the outdoors great

Here are some ideas for creating a welcoming outdoor space:

- Set up a bird feeder, install a pond or other water feature, or create a butterfly garden so you can enjoy the sights and sounds of Nature in your own backyard.
- Get a set of patio furniture. Include an umbrella to shade you from the hot summer sun. If you already own outdoor furniture, replace worn chair pads for a new look (and to increase seating comfort).
- Buy some colorful acrylic dishes for outdoor meals.
- String miniature white lights around

the porch, deck or backyard fence.

### Indulge a little

Summer is a good time to treat yourself. Why not:

- Buy toiletries in a favorite summer scent, such as lily of the valley or peach.
- Grill your favorite meats and vegetables. Try some new marinades or salad dressings, for variety.
- Stock up on refreshing drinks, such as lemonade and iced tea, or the necessary ingredients to make your own, if you prefer.
- Buy a box of favorite ice cream treats the next time you are at the grocery store. Or head out to the local dairy parlor for an ice cream cone, sundae, milkshake or float.
- Purchase something seasonal to enjoy. For example, wind chimes, a hanging plant, decorative flowerpots, solar garden accents, and attractive privacy trellis or a lounge chair and side table.
- An addition to your summertime wardrobe is another great idea. Shop by mail order if it is hard to get out to the mall.
- Invest in some satiny smooth bed sheets.
- Buy votive candles in floral or fruit scents and place them in decorative holders.
- If you do not have central air conditioning, get a window air conditioner or oscillating fan for the room(s) you use most. Keeping cool will help to prevent

irritability.

### Ideas for activities

Here are just a few activities you might pursue this summer:

- Look through photo albums or watch home movies from summers past.
- Have a picnic in your backyard or a nearby park.
- Go for a stroll around the neighborhood.
- Plan an outing to a cultural or sporting event, such as a baseball game, summer arts festival or outdoor concert. If your relative uses a wheelchair, investigate accessible taxi options or register him or her with the local accessible transportation service.
- Go to a park or other outdoor public space and people-watch.
- Go to the local farmer's market and marvel at the offerings. Pick up a variety of fresh fruits and vegetables, as well as favorite meats, cheeses and baked goods.
- Take a drive in the country.

And remember; do not automatically pass up an opportunity for a vacation. Even if your relative relies on a wheelchair to get around, travel may still be possible with some research and planning to ensure his or her needs are met during every stage of the trip.

\*\*\*\*\*

*Lisa M. Petschke is a medical social worker and a freelance writer specializing in elder care.*



Lisa Petsche

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# AGENCY ALERT: Protecting Seniors from Work-at-Home Schemes

by **KATHLEEN ERNCE**  
**Executive Director**  
**The Senior Citizens Council**  
**Augusta, Georgia**  
**kernce@seniorcitizenscouncil.org**

**“W**ork minutes a day at home and earn enough to pay all of your bills. Work part-time in your own home and make \$500 to \$1,000 your first month! It couldn't be any easier!”



**Kathleen Ernce**

Con artists pitching work-at-home schemes rake in over \$400 billion dollars a year by exploiting people, especially seniors by using appealing but unrealistic come-ons to lure unsuspecting seniors into parting with their hard-earned money in the hopes of hitting it big financially. Work-at-home schemes rarely include information; such as, what is the business, what its product might be, how new owners would contact possible customers, or what the total costs might be. The promotions are pasted on telephone poles, supermarket bulletin boards, newspaper classified sections, magazines and on television, on Internet chat rooms, bulletin boards, and message boards. Some of the most common Work-at-home schemes come in many forms and include:

- **Medical Billing Centers:** Seniors send money for software to run a bill collection service from their home. The software is only an assortment of forms and collection letters that anyone could easily create and the clients are often randomly selected from the phone book.

- **Envelope Stuffing:** The most common work-at-home scam is where seniors send money and the “business” will send them information about earning money by stuffing envelopes at home. What they callers actually get are instructions to sell this scheme to others by placing ads in newspapers to illegally entice new victims. They make nothing unless they recruit others to work for them.

- **Assembly or Craft Work:** This scam is promoted as an easy work-at-home job for seniors on a fixed income. All they have to do is send money for supplies to assemble into products such as aprons, baby clothes, jewelry and Christmas decorations. They are told that there is a ready market for the products or that the company will buy the products from them. However, the assembled items rarely meet non-existent quality standards or the seniors are told that they are responsible for selling the items themselves.

How can seniors defend themselves against work-at-home scams? Start by staying alert and using common sense, and remember, “If a promotion seems too good to be true, it probably is!” Fraudulent promoters of work-at-home schemes leave many unanswered questions:

- What exactly do I need to do to

earn money? What will I receive for my money?

- Do I have to purchase anything? What are the total costs to get in on the deal?
- Will I receive a salary or, do I work on commission? Who Pays me? Do I have to sell anything or market the product or information? Do I need to recruit others to the program? How do I get my money back if I am not satisfied?

If the answers you receive do not satisfy all of your concerns, walk away chances are good that the promotion is really a scam!

If you know any seniors that have been taken in by a work-at-home scam, file a written complaint with the company in question and make sure to keep a dated copy. Some companies may refund their money.

For more information on work-at-home scams, contact: U.S. Postal Inspection Service who advises that you report work-at-home scams to your local postmaster or nearest postal inspector; The National Fraud Information Center shares complaints with law enforcement offices across the country to help identify patterns of criminal activity leading to criminal prosecutions; the Federal Trade Commission enters fraud-related complaints into Consumer Sentinel®, a secure, online database available to hundreds of civil and criminal law enforcement agencies worldwide or the local Better Business Bureau While the FTC does not resolve individual consumer problems, your complaint helps the FTC investigate fraud and the BBB explains how work-at-home schemes can waste your time and money and ruin your reputation. source: Today's Caregiver eNewsletter

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## ANNOUNCEMENT

Effective July 31, 2014 The Senior Citizens Council is moving! Our new address is 4210 Columbia Road, Suite 13A, Martinez, Georgia 30907. Our telephone number will remain the same: 706-868-0120. Our office will be closed Monday, July 14 and Tuesday, July 15, 2014 in order to complete the move. PLEASE CALL THE OFFICE TO MAKE AN APPOINTMENT BEFORE COMING TO THE OFFICE.

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## WE ALSO WISH EVERYONE A HAPPY AND SAFE FOURTH OF JULY!

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## ATTENTION AT&T RETIREES

AT&T Retirees are the latest in many with companies changing retiree benefits – you are scheduled for a telephone call from an insurance broker. At the time of the call, you will be given options to select; Medicare Supplement or Medigap policy, Part D prescription coverage, or a Medicare Advantage Part C plan. If you do not understand your options you will be very frustrated and may select a wrong plan for your individual situation or a prescription plan that does not include your medications.

We have scheduled an overview of these insurance products. John Raborn, Raborn Insurance Associates will lead an educational seminar on August 21, 2014 beginning at 10:00 a.m. John will lead a discussion of these products to help give you a basic understanding and to hopefully give you enough information to make an informed decision. Please bring your questions as we will provide answers for you.

Please help us get this information to your fellow retirees. Medicare Health Options

Overview, Augusta Metro Credit Union, 205 Davis Road, Augusta, GA 30907; Augusta 21, 2014 10:00 a.m.

Please call The Senior Citizens Council at 706-868-0120 to register during normal business hours. To ensure we have sufficient materials, please call us by Friday, August 15, 2014.

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The Senior Citizens Council is located at 218 Oak Street North, Suite L, Augusta, Georgia 30907.

# Working Women of WWII

Special to Senior News

**A**merican Rosie the Riveter Association is trying to locate women who worked on the home front during World War II. Thousands of women worked to support the war effort as riveters, welders, electricians, inspectors in plants, sewing clothing and parachutes for the military, ordnance workers, rolling bandages, clerical, and many other jobs such as volunteer workers collecting scrap metals and other critical materials. These women have stories of their WWII experiences that are of historical value and perhaps have never been told. American Rosie the Riveter Association would like to acknowledge these women with a certificate and have

their stories placed in our Archives.

American Rosie the Riveter Association is a patriotic/non-profit organization whose purpose is to recognize and preserve the history and legacy of working women during WWII. This organization was founded in 1998 by Dr. Frances Carter, Birmingham, Alabama and now has over 4600 members nationwide. Current elected officers from Oregon, Maryland, Georgia, Arizona and Alabama, all serve on a volunteer basis.

If you are a woman (or descendant of a woman) who worked during WWII, or if you are just interested in more information, please call the toll free number 1-888-557-6743 or email: americanrosietheriveter2@yahoo.com. We can also be contacted at American Rosie the Riveter, P. O. Box 188, Kimberly, AL 35091.

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- Gazebo with Flower Gardens
- Horse Shoe Pit

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# Senior NEWS

Serving Augusta & the CSRA

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Senior News & Views of Georgia

## Georgia Golden Olympics scheduled for September 17-20

**20 Sports – Over 55 events REGISTER BY AUGUST 1ST**

Special to *Senior News*

If you are competitive, interested in meeting new friends or just having fun, plan to participate in the 32nd annual Georgia Golden Olympics scheduled for September 17-20, 2014 in the city of Warner Robins. The competition is open to ages 50 and older. Events include tennis, golf, swimming, track and field, cycling, bowling, 5k run and walk, horseshoes, billiards, Wii bowling and much more. Ballroom dancing will be offered again this year and Pickle Ball will be offered for the second year. Events are divided into age categories and medals are awarded for each.

A registration fee of \$40.00 allows the participant to enter 3 events. Additional events are \$6.00 each. Bowling, tennis golf, cycling and archery require an additional fee. Fees are non-refundable. All registrations must be received by August 1.

The Georgia Golden Olympics is a qualifying site for the National Senior Games Association and qualifies athletes in even years for the National competition held in odd years. The 2014 Georgia event is the qualifying event for the 2015 National Senior games scheduled for July 3-16 in St. Paul, Minneapolis and Bloomington, MN. Over 500 athletes qualified in Georgia for the last National games in Cleveland, OH.

The purpose of the games is to create an awareness of the abilities of older adults, to maintain and

improve health and wellness and to promote an interest in lifetime sports, recreation and physical activity. The founding organizations of the event are: Georgia Department of Human Resources, Div. of Public Health (now the Ga. Dept. of Public Health); Robins Air Force Base, Services Divisions; Georgia Recreation and Park Association, Senior Citizens Section; Georgia Health Care Association; the University of Georgia, J.W. Fanning Institute for Leadership and Community Development and the Georgia Department of Natural Resources.

For more information contact Warner Robins Senior Services Center at 478-923-1066; the Georgia Golden Olympics office at 770-867-3603; or, visit [www.georgiagoldenolympics.org](http://www.georgiagoldenolympics.org).

## Georgians encouraged to learn about elder abuse warning signs

Special to *Senior News*

The Georgia Department of Human Services Division of Aging Services encourages Georgians to learn about warning signs of elder abuse and help raise awareness about the abuse of older adults and people with disabilities.

"Abuse doesn't always result in bruises," said Dr. James Bulot, Director of the Division of Aging Services. "It can take many complex forms that affect victims emotionally, physically, sexually, or financially."

Key signs of elder abuse are listed at <http://www.aging.ga.gov> under the tab, "Report Elder Abuse."

According to the Administration on Aging, one in 10 older Americans become victims of abuse, neglect or exploitation each year. And that's only part of the picture: Experts believe that, for every case of elder abuse or neglect reported, as many as 23.5 cases go unreported.

The National Center on Elder Abuse, located at [www.ncea.aoa.gov](http://www.ncea.aoa.gov), offers consumer information along with community education resources for faith-based organizations, coalitions and other groups. Click "Get Involved" on the NCEA website for fact sheets, project ideas and other

awareness-building tools.

Georgia's statewide Adult Protective Services team accepts reports of suspicious activity by phone, by fax and online. To report abuse, neglect, or exploitation of an older person or an adult with a disability in community or residential settings, call DHS Adult Protective Services Central Intake, toll-free, at 866-552-4464.

For emergencies, dial 911.

Georgians can join the cause against abuse, neglect, and exploitation. To report concerns, request a brochure, schedule a presentation, or volunteer, contact the Division of Aging Services at 866-552-4464 or visit <http://www.aging.ga.gov>.

## Spiritual Notes

### "Men, Step Up!"

by **Dr. Bill Baggett**  
Minister to Seniors  
Dunwoody Baptist Church

An old Chinese proverb says:

*If there is light in the soul,  
there will be beauty in the person.*

*If there is beauty in the person,  
there will be harmony in the house.*

*If there is harmony in the house,*

*there will be order in the nation.  
If there is order in the nation,  
there will be peace in the world.*

Harmony in the home is the God-given responsibility of each family member. We have recently celebrated Father's Day and as I reflect on this proverb it reminds me of my role in the family. I encourage all fathers to examine their role as "the Man of the House." Are you the husband, father and grandfather that brings harmony, beauty, love and security to your home?

As men we need to "step up" and take our role in the home seriously. We will miss a swing or two, but many times we will "hit the ball." Our families and nation need a lot of "home runs." Dr. Billy Graham says, "In my judgement, a nation cannot rise higher than its home life. Bitterness, crime, alienation, even way, starts in the

home." We must set the right example for our children, grandchildren, neighbors and our fellow-workers.

As believers, we know that to "be light" we must know "THE Light of the World." This is the beginning of the beauty that leads to harmony that will lead to order, which will lead to peace, peace in the home, and in the world.

It is said that people relate to God, our Heavenly Father, in the same way that we related to our earthly fathers. Fathers, I challenge you to "step up" and examine your role in your home.

At the same time, let us thank God for His example of a loving, giving, caring Father.

\*\*\*\*\*

*Dr. Baggett can be reached at Dunwoody Baptist Church, 1445 Mt. Vernon Road, Atlanta, GA 30338; phone 770-280-1200.*

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*On the Cover*

# Visiting Living History Park!

by CAROLYN BRENNEMAN

**Cover:**  
Beautiful plants grow in the park

Photos by Carolyn

**H**ave you ever wanted to know what it was like to live back in colonial times and experience daily life? Well, every June is the time for learning and re-living the daily life in the 18th century. This year, on June 7-8th, visitors to the Living History Park in North Augusta had a chance to do so at the Under the Crown event and to travel on a captivating journey to enjoy the displays of skilled artisans and fine artists of this age.

This yearly event, sponsored by the Olde Town Preservation Association, began with the production of an exceptional reenactment of life under British rule called "Under the Crown." It began on the eve of June 6th, with "Under the Crown," the Dinner with King George, which featured historical interpreters dressed the part.

The reenactments of historical events were open to the public on

Saturday and Sunday. This weekend included artists and artisans presenting historical re-enactors including blacksmiths with demonstrations, a woodworker, several toymakers, seamstresses, cabinet makers, and booths featuring spices, herbs and delicious edibles.

Lynn Thompson, the chairwoman of the Living History Park and president of the association, presents a well organized and fascinating event every year. People travel from all over South Carolina, North Carolina, Florida and Virginia to participate and attend the event each year.

A local wood carver, Ike Carpenter, displayed his creations of many wood items of the period including a "love spoon," which a man would carve for his fiancée after they were engaged. Another marvelous artisan, John Douglas, a toymaker, showcased 18th century toys such as a woodchopper and windmill, cloth dolls, and spin balls with chickens eating corn. Also many artisans displayed carved wooden items, utensils of wood and pewter such as a porringer, clay cooking pots, and candles made from unique items were on display.



Under the Crown reenactment

The Living History Park is tucked away on 7.5 acres of land with natural springs and a lush sensory garden. This wonderful park not only contains a church, a school house, gardens, a stream and pond, but also some stone and wooden cottages. It's a great place to spend the afternoon, learn about the history, and enjoy the gardens and streams. Throughout the year, there are ghost tours, weddings, and artisans fairs held at the park.

Whether it is for listening to

musical sounds, enjoying the works of gifted artists, strolling through a very special garden designed to excite all of your senses, relishing a peaceful weekend, or exploring the hidden history, viewing living exhibits and demonstrations of colonial life, this serene park is worth a day's visit. Visit and learn more about Living History Park in North Augusta at [www.colonialtimes.us](http://www.colonialtimes.us). Living History Park is located at 299 W. Spring Grove Avenue, North Augusta, SC 29841, 803-279-7560.



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Artisans Display

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# Poets' Corner

## AMERICA

by Collane Lisa Caffey

My native land from which I stand,  
 Thou splendid beauty is what I see.  
 Of God's favor bestow on thee:  
 From the peak majesty mountains,  
 To the steep valley below.  
 Of the river flowing fountains,  
 To the hot red desert bestow.  
 The flat plain prairie, the green  
 tree forest,  
 And the ocean's beaches of sand  
 Were all created by God's hand.  
 America. Yes, America, God's  
 Blessings has rest upon thee –  
 And with gratitude I will in return,  
 Serve God as I serve humanity.

Book: *Seasons of My Life  
 Inspirational Poetry - 2012*  
 Author: Collane Lisa Caffey  
 Publisher: AuthorHouse  
 \*\*\*\*\*

## THE CHURCH

by Gerry Noel

When I was young... I read the Bible  
 three times  
 From the beginning to the end  
 Not really understanding  
 Reading words I did not comprehend

I went through my teens to an adult  
 With questions of thee, thou and

begets  
 Going to all kinds of churches  
 Some of which I had lots of regrets

So one day my son said "try this  
 church"  
 A small church in Georgia located  
 on Davis Drive  
 So a Philly born listener... listening  
 to a southern pastor  
 Getting past the dialect... I knew I  
 had arrived

Because he just didn't read out of the  
 Bible  
 He took the time to explain almost  
 every word  
 There were explanations of passages  
 And verses I had read and heard

Now I can at last enjoy going to  
 church  
 Where a pastor cares about the  
 community  
 Where parishioners are loving and  
 caring  
 And where the pastor's words seem  
 to give you  
 A level of (what I call the devil's  
 immunity) \*\*\*\*\*

## THE FRIENDSHIP BOOK

by Dot A. Jones

If you've been blessed to live to a

golden age, your friendship book  
 should be filled on each page.

Each name written there is a  
 memory to treasure that touches a  
 heart way beyond measure.

Friends you made as a child, come  
 into mind as you scan the years  
 from long ago and remember a  
 special tie that may bind.

As you entered college, then the  
 workplace too, certain people gain  
 a place in your heart. You've keep  
 this special one in your friendship  
 book, still cherishing a time and  
 place that will never depart.

When you grow older and mature in  
 God's love, the friends in your  
 church family are written on each  
 line. You can say the heart is  
 filling with these precious friends  
 of mine.

You have lived to be blessed with  
 friends from so many years, you  
 can open your book and recall  
 each one, as over the name you  
 look.

Some are still here in your life to  
 share, others are in their heavenly  
 home, but friendship memories  
 never cease and when you open

the book, you may say, I've not  
 much of this world, but greatest of  
 all will never decrease.

My friends' names written in my  
 friendship book will hold a  
 treasure in my mind and heart.  
 God has given me this love to  
 share and impart.

It is said you can't take anything  
 with you when you go, but friends  
 in Christ will be there, so cherish  
 the names in your friendship book  
 as they travel with you. Always  
 have many and hold them dear.  
 \*\*\*\*\*

## NOMAD

by John Newlon

And then there are the places  
 Where once you bedded down

Not long

It seemed you were  
 Always restless

Wanting to move on

Looking

Ever looking

For that elusive spot  
 You hope to find



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# Augusta/CSRA CALENDAR

## AUGUSTA/CSRA METRO AREA Opportunities Directory

For additional Opportunities listings, please visit our website at: [seniornewsqa.com](http://seniornewsqa.com).

### The Senior Citizens Council

218 Oak Street North, Suite L  
Augusta, GA 30907; 706-868-0120  
[www.seniorcitizenscouncil.org](http://www.seniorcitizenscouncil.org)

The Senior Citizens Council is open Monday through Friday for the following services:

- Advocacy Programs Department – including: Caseworker Services - Caregiver Respite, Referral Information and Support (CRRIS); Bill and Money Management (MAP); Senior Health Insurance and Education (SHINE) - the Center for the Prevention of Elder Abuse, Neglect and Exploitation.
- The Senior Corps Department: Foster Grandparent Program (FGP) and Senior Companion Program (SCP) for income-eligible persons age 55 and older who “serve up to 20 hours a week with special needs children or adults.” Call us at 706-868-0120 for complete details. The Retired and Senior Volunteer Program (RSVP) for individuals looking for “fun and rewarding ways to make a difference in the community” or just get out-of-the-house a few hours a month. RSVP recruits individuals age 55 and over for the opportunity to apply their skills, expertise, and experience to help meet critical community needs while meeting other like-minded folks in our community. RSVP pairs talented volunteers with a variety of local nonprofit, health care, governmental, and faith based organizations to assist these groups with meeting the needs of those they serve. Please call us at 706-868-0120 for details on any of our programs or make an appointment for a needed service. Our physical address is 218 Oak Street N., Suite L., Augusta, GA 30907, Monday through Friday, 8:30 a.m. to 5:00 p.m.

### CSRA Senior Centers

Over 60? Enjoy socializing, parties, cards, crafts, Bingo and travel? Interested in staying healthy and active? Tired of eating lunch alone? If you answered YES to these questions, then you need to check out a Senior Center near you!

- Blythe Area Recreation Department  
Patricia Strakosch; 3129 Highway 88, Blythe, GA 30805; 706-592-6668
- Carrie J. Mays Recreation Center  
Sheryl Jones; 1015 11th Ave., Augusta, GA 30901; 706-821-2831

- East View Community Center  
Roberta Sullivan; 644 Aiken St., Augusta, GA 30901; 706-722-2302

- HH Brigham Senior Center  
Heather Kooms; 2463 Golden Camp Rd., Augusta, GA 30906; 706-772-5456

- McBean Community Center  
Willamae Shaheed; 1155 Hephzibah-McBean Rd., Hephzibah, GA 30815; 706-560-1814 or 706-560-2628

- Sand Hills Community Center  
Lillie Rosier; 2540 Wheeler Rd., Augusta, GA 30904; 706-842-1912 or 706-842-1916

- New Bethlehem Community Center, Inc.  
Millicent E. West; 1336 Conklin Ave., Augusta, GA 30901; 706-722-0086

- Bessie Thomas Community Center  
Jeff Asman; 5913 Euechee Creek Dr., Grovetown, GA 30813; 706-556-0308

- Burke County Senior Center  
Jackie Brayboy; 717 W. 6th St., Waynesboro, GA 30830; 706-437-8007

- Glascock County Senior Center  
Anita May; 568 Brassell Park Ln., Gibson, GA 30810; 706-598-3050

- Grovetown Senior Center  
Jennifer Thomas; 103 W. Robinson Ave., Grovetown, GA 30813; 706-210-8699

- Betty Hill Senior Citizens Center  
Cathie Birdsong; 330 Waters Work Rd., Sparta, GA 31087; 706-444-7532

- Harlem Senior Center  
Tina Sidener; 405 B West Church St., Harlem, GA 30814; 706-449-8400

- Jefferson County Senior Center  
Marie Swint; 209 E. 7th St., Louisville, GA 30434; 478-625-8820

- McDuffie Senior Center  
Melinda Hill; 304 Greenway St., Thomson, GA 30824; 706-595-7502

- Jenkins County Senior Center  
Shirley Chance; 998 College Ave., Millen, GA 30442; 478-982-4213

- Lincoln County Senior Center  
Pam Parton; 160 May Ave., Lincolnton, GA 30817; 706-359-3760

- Sylvania Senior Center  
Cathy Forehand; 209 E. Ogeechee St., Sylvania, GA 30467; 912-564-7727
- Taliaferro County Senior Center  
Allene Oliver; 119 Commerce St., Crawfordville, GA 30631; 706-456-2611

- Warren County Senior Center  
Gwanda Murray; 48 Warren St., Warrenton, GA 30828; 706-465-3539

- Washington County Council on Aging  
Jane Colson; 466 Maurice Friedman Rd., Sandersville, GA 31082; 478-552-0898 (Mon., Tues. and Thurs.)  
478-552-0013

- Wilkes County  
Diana Hall; 108 Marshall St., Washington, GA 30673; 706-678-2518

- Shiloh Comprehensive Community Center  
Elizabeth Jones; 1635 15th St., Augusta, GA 30901; 706-738-0089

\*\*\*\*\*  
**H. H. Brigham Senior Center**  
2463 Golden Camp Rd., Augusta  
Contact: Patricia A. Jenner  
706-772-5456; 1 a.m.-3 p.m.  
\*\*\*\*\*

**Aiken County Parks, Recreation & Tourism**  
902 Vaucluse Rd., Aiken, SC 29801; 803-642-7559; [www.aikencountysc.gov/tourism](http://www.aikencountysc.gov/tourism)

**Courtney Senior Center**  
49 Roy St., Wagener, SC; 564-5211

- Senior Bingo: 3rd Fri., 2 p.m., Free
- Canasta Club: Wednesdays, 12 noon, Free

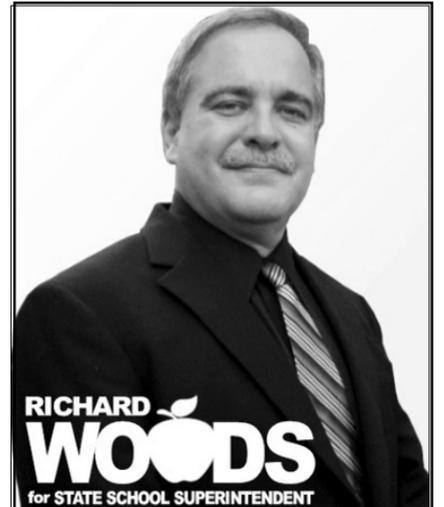
**Harrison-Caver Park**

4181 Augusta Rd., Clearwater, SC; 593-4698  
**Aiken County Recreation Center**  
917 Jefferson Davis Hwy., Graniteville, SC; 663-6142

**Roy Warner Park**  
4287 Festival Trail Rd., Wagener, SC; 564-6149  
\*\*\*\*\*

**Hearing Loss Association of Augusta**  
Meetings are held on the 3rd Monday, September-April except for December, at University Hospital, 1350 Walton Way, Dining Rooms 1-3. Social begins at 5:30 p.m. and

continued on page 8



**RICHARD WOODS**  
for STATE SCHOOL SUPERINTENDENT

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- K-5 Curriculum Director
- Home School Director

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- Small Business Owner
- Purchasing agent for domestic and international laser company

## Tired of Retirement?



### Want Some Extra Spending Money?

Senior News newspaper is adding to its team of advertising sales representatives!

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# General Business Directory For Seniors

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[www.scottantiquemarkets.com](http://www.scottantiquemarkets.com)

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Now In Our New Location  
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Great Savings on a Large Selection of  
Caskets, Monuments and Grave Markers!  
Direct to the Public!  
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“Specializing in all types of grave markers and coping”

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• We're Located in Downtown Augusta  
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• We Offer Activities and Outings  
• We Speak Spanish (Hablamos Español)  
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Email: [truecare2013@yahoo.com](mailto:truecare2013@yahoo.com)

**ADVERTISING INFORMATION**  
Call  
**Carolyn Brenneman**  
706-407-1564  
**Wayne DeLong**  
803-257-1455

## CALENDAR

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meeting at 6 p.m. For information on the organization please contact Gayle Tison, President, at [http://empty3@knology.net](mailto:http://empty3@knology.net).

### Hephzibah Lions Club

Meets the 2nd & 4th Thursdays, 7 p.m., Jesse Carroll Community Center, Windsor Spring Rd., Hephzibah. For additional information contact Lion Frank Spinney, President, at 706-592-5618 or Jon Winters at 706-592-9622 or 706-833-0458.

### Morris Museum of Art

1 Tenth Street at Riverwalk in Augusta Riverfront Center. Call 706-724-7501 for more information or visit the Museum's website at [www.themorris.org](http://www.themorris.org).

- Art from the Collection of Jonathan Green and Richard Weedman: Exhibition on display through Sept. 28

- Morris Museum of Art Participates in Blue Star Museums: FREE admission to Military through Labor Day, Sept. 1, 2014

### Gertrude Herbert Institute of Art

Located at 506 Telfair Street, Augusta. Call 706-722-5495 for information.

### Caregiver Support Group

Are you caring for a spouse or parent? Join other caregivers to share experiences, gather practical resources and find the support you need. The group meets the 3rd Monday of each month at 6:30 p.m. at the Friedman Branch Library located at 1447 Jackson Road in Augusta. For more information contact Georgia Jopling, Caregiver Specialist, Area Agency on Aging, 706-210-2000 or 888-922-4464.

### Augusta Museum of History

560 Reynolds Street in downtown Augusta. Call 706-722-8454 for events information.

- *American Stories in Song* by Augusta Bel Canto: July 4, 1:30 p.m., Museum's Rotunda, Free to public.
- July Brown Bag History Series: *Life of a Civil War Soldier*: Wed., July 9, 12:30 p.m.

### ON-GOING EXHIBITS INCLUDE

- *Celebrating a Grand Tradition, the Sport of Golf*
- *The Godfather of Soul, Mr. James Brown*
- *Augusta's Story*
- *One Man, Two Ships, Lessons in History and Courage*
- *Canteens to Combat Boots*
- *Timeless Toys*

### Lucy Craft Lancy

#### Museum of Black History

[www.lucycraftlancymuseum.com](http://www.lucycraftlancymuseum.com)

Call 706-724-3576 for events information.

### "Dance with Us"

The Augusta Chapter of USA Ballroom Dance invites beginners to pros to our FIRST SATURDAY of each month social dance at the American Legion Post 63, 90 Milledge Rd., Augusta. Members, \$8; guests, \$10. No partner need! Free dance lesson and a great food table.

For a group of 6 or more first time guests we can make arrangements for you to come free.

For more information call Bob Anzuoni at 803-215-4010 or visit [www.augustadancing.org](http://www.augustadancing.org).

### Augusta Christian Singles Weekly Dance

Augusta Christian Singles meet every Saturday night at the Ballroom Dance Center, 525 Grand Slam Dr., Evans, starting at 6:30 p.m. Dance lessons, 6:30-7:30 p.m.; dance, 7:30-10:30 p.m. Guests, \$10; members, \$8. Dance lessons, refreshments. Alcohol and smoke free environment. For more information visit [www.christian-dances.org](http://www.christian-dances.org).

### Fraternal Order of Eagles Lodge 1197

1999 Scott Rd., Augusta. For activities and events information call 706-495-3219.

### AARP Augusta Local 266

There is more to AARP than a newspaper and a magazine. The local chapter meets at the Kroc Center, The Salvation Army, 1833 Broad Street, Augusta. For additional information or to join, call Mrs. Stella Nunnally, Chapter President, at 706-724-0045.

### Al-Anon and Alateen Groups

Al-Anon and Alateen Groups meet in various locations in the CSRA Mon.-Sat. For information or a listing of meeting in the area call 706-738-7984. To locate meeting throughout Georgia call 800-568-1615.

### Friday Night Dance

Every Friday, 8-11 p.m., American Legion Post 63, 90 Milledge Rd., Augusta. With band or DJ. \$10 cost. Free coffee and cake. Everyone welcome. Call 706-733-5184.

### Augusta Area Newcomers Club

The Augusta Area Newcomers Club is a non-profit organization that helps people who are new to the area get acclimated, make friends, and get involved with charitable organizations. We offer a variety of activities such as golf, book groups, and dining out. For information please contact [hospitality@augustanewcomers.net](mailto:hospitality@augustanewcomers.net) or call Susan Salisbury at 706-814-6297.

### Service Corps of Retired Executives

The Service Corps of Retired Executives (SCORE) provides counseling and mentoring to business people who are starting up a new business or who are expanding one that is ongoing. SCORE is a non-profit, public service organization, affiliated with the SBA. There is never a charge for our services. Call 706-793-9998, Mon. - Fri., from 9 a.m. - 12 noon.

### Phinzy Swamp Events

706-828-2109

### Find Your Voice

Aiken Toastmasters meet on the first and third Thursday of each month, 6:45 p.m., at Odell Weeks Center on Whiskey Road in Aiken. Guests are always welcome. For additional information call 803-648-7833.

### DBSA (Depression Bi-Polar Support Alliance)

Meets the 3rd Tues. of every month at 6:30 p.m., First Baptist Church of Augusta, Walton Bldg.,

Room 105., 3500 Walton Way Ext., Augusta. Call 706-722-0010 for complete details or the Friendship Center (see Augusta phone book for number).

### Pieceful Hearts Quilt Guild

Meets on Monday nights, 7-9 p.m., and Thursday mornings, 10 a.m.-2 p.m., at St. Bartholomew's Episcopal Church, Martintown Rd., North Augusta. For details call 803-279-6456 or 706-790-4975.

### Augusta Chapter Of The Embroiderers' Guild Of America

Anyone with an appreciation of embroidery is welcome. Chapter consists of women with diverse backgrounds, experience, and ages who share an interest and pleasure in needlework. Meetings include a review of local needlework activities, some hands-on stitching, refreshments, and socialization. Meets the 1st Mon. of each

month at Alliance Missionary Church, 2801 Ingleside Dr., Augusta. For additional information call Natalie Farrell at 706-736-5508.

### Alzheimer's Caregiver Support Group

Meets 3rd Tues., 6:30 p.m., Brandon Wilde Retirement Community, Evans. For details call 706-854-3591 or 706-854-3501.

### CSRA Parkinson Support Group

Meets monthly, St. John Towers Dining Room, 724 Greene St., Augusta. For details call 706-364-1662.

### Area Agency on Aging Offerings

Learn through a 30-Minute session, 3rd Thurs. each month, 1 p.m., KROC Center Augusta, Senior Lounge, 1833 Broad St. Registration not required. Contact Lee Walker, Resource Specialist, 706-922-8348 or 706-210-2018.

## Georgia Golden Olympics

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**Hosted by Warner Robins Recreation**

**Registration begins: May 1, 2014**

**Registration ends: August 1, 2014**

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**Website: [www.georgiagoldenolympics.org](http://www.georgiagoldenolympics.org)**

**Call: 770-867-3603**

**Fax: 770-867-3640**



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*Billiards*

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# General Business Directory For Seniors

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**YOUR DONATIONS**

When you donate your clothing and household items to Goodwill Industries, the merchandise will be processed by trainees and resold at Goodwill stores to fund job training and placement services for people with barriers to employment

**YOUR TIME**

Spend an afternoon, or a few hours each week giving back to the community. Make volunteering a part of your family activities.



**CALL: Mid GA: 478.957.9741**  
**OR CSRA: 706.790.5350**

To find a location near you, visit  
**[www.goodwillworks.org](http://www.goodwillworks.org)**

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2583 Tobacco Rd., Hephzibah, GA  
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