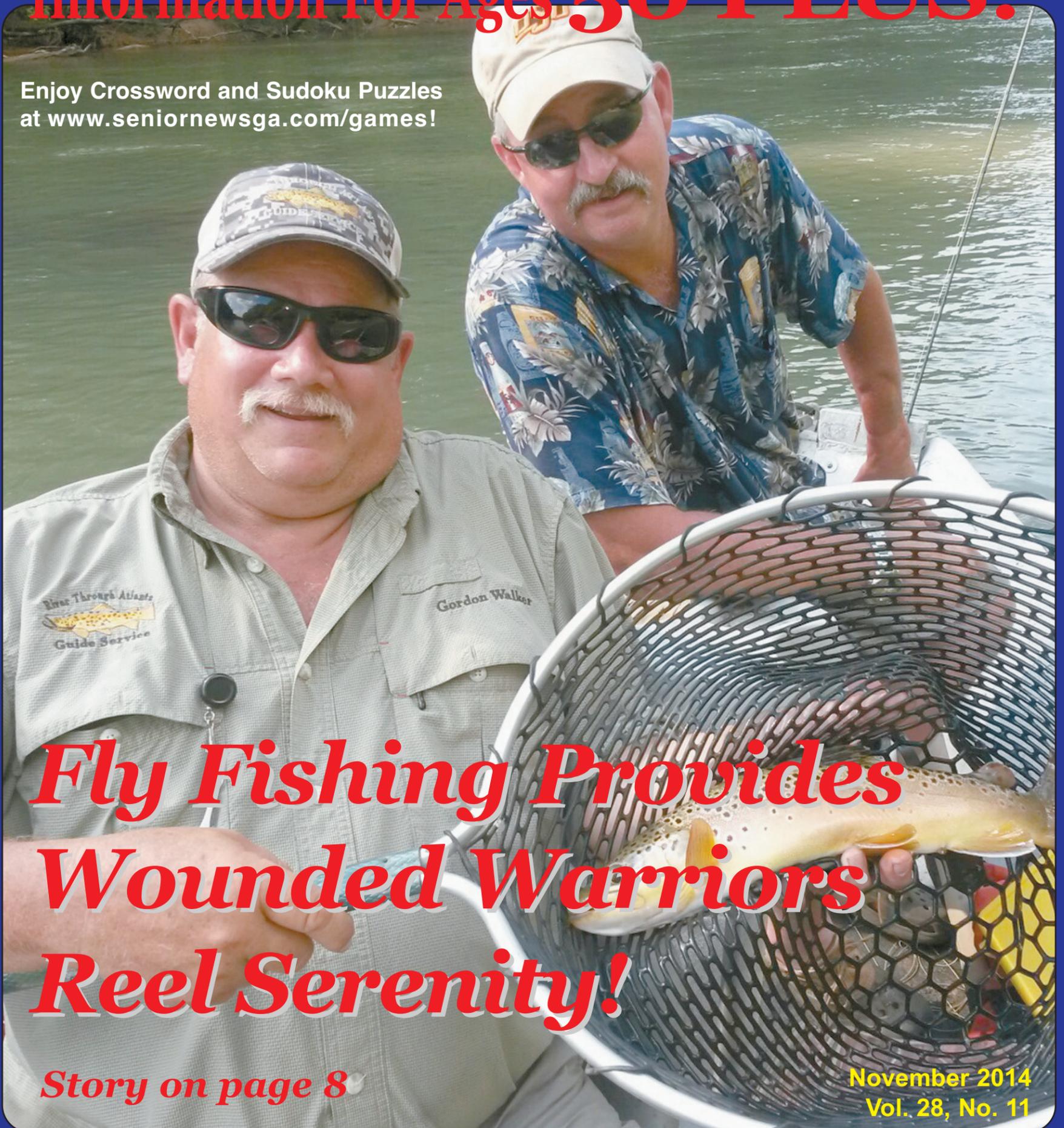


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Story on page 8

November 2014
Vol. 28, No. 11

Are you trying to unload your timeshare?

by **KELVIN COLLINS**
President/CEO, BBB of Central Georgia & the CSRA, Inc.

Many families are still looking for ways to reduce their expenses. One popular option is to unload any timeshares they own so they can hopefully recoup their investment and stop paying maintenance fees. Many businesses specialize in reselling timeshares, but the Better Business Bureau warns that many companies are using deceptive sales tactics to bilk thousands from already cash-strapped timeshare owners.

Many timeshare owners want to cash out now but unfortunately, not as many vacationers are buying. Timeshare sales have been steadily dropping and as a result, timeshare owners who are eager to sell are increasingly susceptible to offers that are simply too good to be true. Some unscrupulous timeshare resellers are taking advantage of the situation by misleading timeshare owners into paying thousands of dollars in the hopes of unloading their timeshare quickly. Many companies succeed in convincing timeshare owners that they already have interested buyers but require thousands of dollars in upfront fees – such as closing costs – from the sellers but ultimately fail to complete the promised sale.

One man who complained to the BBB was promised that the business

had a buyer for his timeshare. The representative assured him that if the sale did not go through, he would get his money back. He paid a total of \$7,710. The sale never went through and he never got his money back, despite the guarantee from the company.

The BBB offers the following advice to timeshare owners who are looking for help in selling their timeshare:

Use a Business You can Trust

Make sure the timeshare reseller you use is a BBB Accredited Business or at the very least has a good rating with the BBB. Avoid any company that fails to provide a street address and alternate contact information. A UPS or post office box is not enough. Check out bbb.org for Business Reviews and warnings. Verify the address with a mapping service, property manager and the licensing authority.

Confirm Licensing Requirements

Some timeshare resellers will use fake addresses or PO boxes in order to mislead timeshare owners. Confirm where the company is located and in what states it does business. Ask if the company's salespeople are licensed to sell real estate where your timeshare is located. If so, verify this with that state's licensing board.

Get the Facts on the Figures

Find out if the business charges a commission. Do they handle the entire

closing and provide escrow services? Do they charge an up-front listing or advertising fee? What does it cover and is it refundable?

Many complainants to BBB were burned by companies charging an advance "appraisal" fee for services or were told that they just had to pay closing costs and the timeshare would be taken off their hands. Consider opting for a company that offers to sell for a fee only after the timeshare is sold.

Be Aware of the "Balloon Strategy"

Dishonest timeshare resellers may start with an outrageous fee, and then reduce it to a more appealing number, to lure the seller to pay.

Don't Fall for the Hard Sell or an Offer that Sounds Too Good to Be True

Don't agree to anything over the phone but instead ask the salesperson to send you written materials; take the time to think it over and don't be pressured. Unscrupulous timeshare resellers may claim that your property is in demand and they can sell it immediately; unfortunately, these promises are often empty. Also remember that a guarantee is only as good as the company backing that guarantee.

Know the Process

Inexperienced timeshare sellers can be easily misled. Before doing

business with a broker know the approximate value of what you own. Call the timeshare company itself to get the current selling price. Find out if the agent's fees and marketing practices are consistent with the practices of other agencies. To ensure the proper value of your property BBB suggests using a timeshare appraisal service. To do this for U.S. based timeshares, you'll need to research the company with the real estate commission in the state in which your timeshare property is located. The Federal Trade Commission also has helpful tips for timeshare buyers and sellers.

Remember the Too Good to be True Rule

Trust your gut, if it seems too good to be true; it probably is.

For more consumer tips you can trust, visit www.bbb.org.

Kelvin Collins is president/CEO of the Better Business Bureau of Central Georgia & the CSRA, Inc. serving 41 counties in Central Georgia and the Central Savannah River Area (CSRA). This tips column is provided through the local BBB and the Council of Better Business Bureaus. Questions or complaints about a specific company or charity should be referred directly to the BBB at Phone: 1-800-763-4222, Web site: www.bbb.org; E-mail: info@centralgeorgia.bbb.org; or, info@csra.bbb.org.



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The Next Chapter

Early Shopping Gift Book Recommendations by ANNE B. JONES, PhD

- *Little John's ABCs of Car Parts*, John Pedigo, Littleweird Publishing, San Francisco, 2014
- *Going Home*, Sharon Marchisello, Sunbury Press, Pennsylvania, 2014
- *Shorter's Way*, Grace Hawthorne, Deeds Publishing, 2013
- *Promise of Silver*, Michael S. Brown, Ingalls Publishing Group, 2014
- *Coming Home*, Jack Mc Devitt, The Berkley Publishing Group, NY, 2014

Books are presents that linger, providing entertainment, information and conversational topics far beyond the time they're received. The following have been selected to give a wide variety of choices for readers on your Christmas list:

What child has not been fascinated with cars? *Little John's ABCs of Car Parts* by John Pedigo is a fun way to teach car vocabulary. Suitable for children up to 3 or 4 years, I can picture a mama or daddy pointing out parts of a car as he or she reads. Parents can give explanations and demonstrations (like mashing a brake) to make the words and pictures come alive and enhance the story.

Local author Sharon Marchisello's *Going Home* is a mystery with an unusual twist. Inspired by her mother's

battle with Alzheimer's, the book explores the dynamics of the disease and its toll on sufferers' families. The story begins with Michelle DePalma flying into Texas from Atlanta to check on her elderly mother Lola. The first shock occurs when she finds the door of Lola's home open and her mother by the body of her murdered caregiver. With Lola the most likely suspect, Michelle must suddenly put her life on hold. Taking on the role of nurse, protector and detective she tries to solve the crime while dealing with the emergence of dark family secrets.

For historical fiction enthusiasts, Grace Hawthorne's *Shorter's Way* provides "a look at cotton mill towns, Atlanta, and a forgotten way of life in the rural south." A political love story, the work gives a fictional but intriguing look into the money, secrets and power of 1920s Georgia politics. Perhaps the most insightful part is the portrayal of how women wielded their influence behind the scenes. Among the eclectic cast of characters are a lawyer who developed his skill of reading people when he was a Bible and medicine salesman; a southern aristocrat; a mill worker; and an old-money Atlanta matron.

Promise of Silver, by Loganville author Michael K. Brown, is a love story set on an island off the Georgia coast. When two seniors meet and fall in love, their life is filled with joy. Soon, a dark secret threatens their happiness as surely as developers threaten

their island. Described by Valerie Joan Connors as "A touching account of love, loyalty and commitment," the novel includes real-life issues related to aging, deception, conscience, conservation and coastal development.

Jack McDevitt's *Coming Home* is his newest science fiction release, the latest in his Alex Benedict series. The adventure unfolds with the discovery of an early space-age artifact formerly believed to be lost. Antiquities dealer Alex Benedict and his pilot Chase Kolpath decide to voyage to earth with

the hope of finding more. Time is a challenge as they need to be home when the Capella, an interstellar transport, temporarily reappears from a time warp. Aboard are twenty-six hundred souls in need of rescue, including Alex's Uncle Gabriel, the parent figure who raised him. Decisions must be made and options are limited.

You may contact Anne at annebjones@msn.com... (*Tides of Fear, Gold Thunder, A Light on Peachtree, All Around the Track, Brave at Heart*).

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Published monthly. Business Office is located at 115 Bigham Drive, Warner Robins, GA 31088. Approximate Monthly Readership: Metro Atlanta, 65,000; Augusta, 27,000; Macon/Central Georgia, 21,000. Editorial and advertising copy deadline is the 15th of the month. Preference is given to editorial copy submitted earliest.

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Editorial information you would like considered for publication should be mailed to: Senior News, P. O. Box 8389, Warner Robins, GA 31095-8389.

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E-mail: Seniornewsga@cox.net

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Senior News & Views of Georgia

Poets' Corner

I LONG FOR INDIANA

by Shirley Floyd

*I long for Indiana
Now that Autumn is here
I miss familiar places
I knew in yesteryear*

*I see the towering maple trees
Their leaves of red and gold
Little squirrels scampering all about
Preparing for the cold*

*Fleeting days bring November winds
Blowing from the west
For some, a chill – for me, a smile
It's the time of year that's best*

*Childhood days of long ago
Once more I'm there, but then
I open my eyes and realize
I was dreaming once again*

*Someday I know I will return
Nevermore to roam
I'll rest where my heart has always
been
In Indiana – my home*

TO OUR HONORED VETERANS

by Marjorie A. Gillis

(From the book: Reflections)

*You pledged allegiance to the flag as
under God it stands.
You fought for freedom for all men,
both here and foreign lands.
You flew the planes and manned the
guns, kept the enemy at bay;
While others bound up all the
wounds and sent men on their way.*

*But no one knows the price you paid
for the privilege to serve –
The heart it takes to fight for peace –
the bravery; the nerves;
Those memories that never die yet*

*cannot be expressed;
The fact that you are here today and
know you have been blessed.*

*So we are here to say to you that we
cannot forget
The sacrifices made for us whom
you had never met.
And there are those who fight on still
for those same great ideals:
Freedom and the rights of man
before our God to yield.*

*Our thanks and prayers for what
you've done are mentioned here
today –
We're glad to have a special time to
honor you this way;
But every day you can be proud, for
we are proud of you,
And grateful for the chance to give...*

**HONOR TO WHOM HONOR IS
DUE**

**THANKSGIVING IN OUR
SENIOR CITIZEN HOME**

By Frederic Holland Sr.

*This month we celebrate Thanksgiving
day*

*An opportunity to show that we are
alive and functioning not by chance;
Without our higher Powers love and
mercy we could be gone and only a
remembrance.*

*So after you carve that turkey or ham
meat;
Say a prayer to your Higher Power
before you eat.*

*Be thankful that He allows us to wake
each day;
Be thankful that through hard times He
made a way*

*Thank Him for your precious children
and grandchildren who comfort you
in the Fall of life's golden year.
Thank Him for your partner, good
friend, or neighbor, the ones who
bring you good cheer.*

*Thank Him for this lovely place in
which we dwell;
Thank Him for the management & staff
that treat us oh so well!*

Happy Thanksgiving to all!

FAMILY TIES

by Jackie Smith-Thrasher

*The ties that bind us, Oh so close,
The ties that we all cherish most.*

*On some we see a smile from
Mother.
And Daddy's eyes are on another.*

*A "bad attitude" or a sweet, sweet
Spirit.
A laugh just like Auntie... Can't you
hear it?*

*Many traits we all know are passed
down to each one.
They bind those passed on, to those
yet to come.*

*But, Love... most of all, is what ties
us together.
Love from the Father above and our
Love for each other.*

*So, let our family's ties grow strong
Like the roots of a tree – winding
and long.*

*With Love at the root of our
Family's tree,
The ties that bind us will Forever
be!!!*

The global fight for survival

by DANIEL W. GATLYN, USN Ret
Minister/Journalist

The fight for survival of every species holds a parallel to the alternating hours of daylight and dark! Men (a shallow definition of unscrupulous homo sapiens) have been battling each other for "the bone" since day one and are no closer to "arrival" than on that day.

Think of it, a high percentage of earth's fatalities have occurred while

manipulating "sword and shield!" The present trend in the Middle East is a prime example. America has progressed (we think) so much that our "blueprint and prognosis" answers all problems. Only in our dreams!

From the arrow to the atom bomb, we have furnished the twisted mind set with weapons... which grows more devastating by the day. I would suggest, as a starter, that we view things (and history) as they are instead of "how we aspire them to be!" Errors by the thousands have been committed, largely because of misplaced "pride and purpose," with the premise that "things will be different tomorrow." Prophecy becomes fact, then history... and history repeats itself! Perhaps in an effort to gain our attention! "The harvest is over, summer has ended, and yet we are not saved." This Biblical phrase explains the dilemma! Let's face some facts!

1. Reality! There shall always be wars, and rumors of such! Wanting, wishing... even praying... will not change that!

2. Reality! The greatest addiction known to man is his thirst for "shedding of blood!" A spiritual deficit!

3. Reality! All wars have found emanation in a "religious base!" How utterly tragic!

4. Reality! America in grounded in EXCEPTIONALISM! God honored our forefathers!

5. Reality! America has excelled in technology! Our abilities have birthed responsibilities!

6. Reality! America is the only country that could morally supervise a world order! And that barely!

7. Reality! The orderly organization of Third World government will never happen! Not in any setting!

8. Reality! Those in charge will pay an extreme price! In labors, in monies, and in sacrifice!

9. Reality! The Word of God shall prevail! "It is written!" And no action on our part will change the finale!

10. Reality! Our wisest choice is to "coincide with the prescribed direction by the Creator! He will have the last word!

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Top Five Mistakes to Avoid When Downsizing

by LIZ BANKSTON

When considering moving and looking for the next perfect home to fit your new lifestyle, be sure to have a plan in place so that you avoid potential pitfalls.



Liz Bankston

According to the National Association of Realtors, most people start thinking of moving six to nine months before they actually do. And once your house goes under contract, a typical Buyer is going to want to take possession within 30 or 45 days. So if you wanted to move in the spring, you'd most likely want to have your home listed by March. Think about what works best for your schedule.

2) Have a goal in mind of where you want to live. Do you want to live in the same city, in a country club resort, at the beach? Do you want to be closer to family and grand children? Will your

move take you to a new state? What is your ideal climate? Do you want to be near the activities you enjoy doing? How close do you want to be to your church or synagogue, doctors, hospitals, and shopping? Do you want to have access to public transportation? By asking yourself these questions, it will give you a good indication of what the priorities are for location.

3) Consider the style of home that would be best for you. Do you want to be in a one level ranch? In a condo with very little maintenance? Do you want a new construction home, or one recently renovated? How much square footage, bedrooms and baths are best? Would you enjoy living in a 55 plus community to have access more social activities and amenities? Or would you feel more comfortable in an adult retirement community?

4) Remain logical. Though sometimes hard to take all the emotion out of selling a long held home where you have so many memories, know that this is a step in finding happiness in the next adventure of life.

5) Prepare your home for sale.

By doing a few simple things like de-cluttering, super cleaning and making sure everything is in good repair, can help with the appeal to potential buyers. Take inventory of your home and all its contents. What are you going to keep, give to family, or donate to charity? Is there a budget to make any improvements or updates? Would a fresh coat of paint make the home look new again?

Don't feel as though you have to do it alone. Hiring the right Realtor will make all difference. Your Realtor will be a guide and resource to help you prepare your house for sale, then properly market it, delivering the best result for you.

Liz Bankston, Real Estate Broker, Bankston Brokers.com; RealEstateButlers.com.

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Let's recycle the old-fashioned idea of recycling

by SUSAN LARSON

In 1991, when the Braves made the World Series, I was subbing in a special education class. These kids could read only a few sight words and had practically no math skills. But one of them did manage to ask me a tough question.

The custodians had delivered new tables that day and I asked if I could keep the shipping boxes to recycle into giant tomahawks for the kids to celebrate the Braves victory. They were glad to not have to haul them off.

I cut out the shapes for the blade and handle and got out the markers for the kids to color.

"What difference does it make if we just throw them away or turn them into tomahawks first, and then throw it

away? They take up the same space in the dumpster," a young man said.

Well, yes, you got me there! But isn't it just fun giving our castoffs one last chance before meeting their final demise?

When I was a teacher my kids made castles and pyramids out of refrigerator boxes. They made an igloo out of sheets of Styrofoam and a seven-foot replica of the Hyatt Regency (then the Peachtree Plaza) out of Baskin Robbins tubs.

And it wasn't just me. I saved toilet paper rolls, egg cartons, L'eggs eggs, you name it, for my sons' teachers and Boy Scout leaders.

But then things started to change. Delivery men kept their cardboard boxes to recycle for profit. L'eggs eggs were phased out for environmental reasons. The health department declared used ice cream containers to be a health hazard.

Then the curriculum became more standardized. Craft projects consisted of kits with pre-cut shapes that tied in with rigid curriculum demands. And teachers became busier and busier preparing their students for tests and didn't have time for cutesy little craft projects anyway.

My teacher friends got to the point where they actually requested me not to burden them with my junk anymore. They said finding a place to store it and knowing they'd never get to use it anyway was just one more hassle to deal with. And besides that, it made them feel guilty when they eventually did throw it away.

That young man with limited learning skills was pretty smart in his observation about recycling stuff. After all, all those piggy banks made out of two liter Coke bottles and

checker sets made with milk jug caps did eventually get thrown away. And they took up no less space in the recycling bin than they would have had we just thrown them away in the first place.

But isn't there a saying that goes, "It's not about the destination. It's about the journey?"

Susan Larson is a writer from Lilburn. E-mail her at susanlarson79@gmail.com.

Georgia's AARP Foundation Tax-Aide Leaders Discuss Hot Tax Topics

Special to Senior News
Decatur, Georgia

Helen Lowenthal of Decatur attended a meeting held from October 20-23 in Macon with other Georgia leaders of AARP Foundation Tax-Aide. AARP Foundation Tax-Aide is the nation's largest free, volunteer-run tax preparation and assistance service. Lowenthal is the District Coordinator

for the South DeKalb area. The leaders discussed the hot topics for the 2015 tax season.

"Some of our taxpayers will need us to help them with the tax implications of the Affordable Care Act. We will welcome them, as well as others who need our assistance," said Lowenthal.

AARP Foundation Tax-Aide is seeking volunteers across the state to help Georgia taxpayers who are seeking assistance preparing and filing their 2012 tax returns.

Volunteers do not need to be an AARP member or retiree to participate, but they must be available weekdays. Tax-Aide is particularly in need of volunteers who are bilingual in English/Spanish to support the increasing number of Spanish-speaking taxpayers seeking assistance.

AARP Foundation Tax-Aide volunteers receive free tax training and are reimbursed on a limited basis for qualified program-related expenses. They help taxpayers at sites around the state, learning new skills while giving back to countless communities.

"In 46 years, we've assisted thousands of people in preparing and filing their tax returns," said Lowenthal. "We could not do it without our volunteers, who make an indelible mark on the communities they help."

Last year, more than 800 Tax-Aide volunteers helped over 35,000 taxpayers across the state. They join the more than 35,000 Tax-Aide volunteers across the country, helping millions of taxpayers each year.

For more information on how you can join the AARP Foundation Tax-Aide team, visit our Web site at www.aarp.org/taxvolunteer.

AARP Foundation Tax-Aide is offered in conjunction with the IRS.

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Helen Lowenthal

Booth Western Art Museum hosts fourth "Sweet Tea" Triennial Exhibition

Western American Art South of the Sweet Tea Line IV on view through January 25th

Special to Senior News

Featuring over 90 rarely seen works of Western art from more than 50 public and private collections throughout the Southeast, Western American Art South of the Sweet Tea Line IV offers a visual feast. Opening Saturday, September 27th this outstanding exhibition will remain on view at Booth Western Art Museum, located in historic downtown Cartersville, Georgia, through January 25, 2015. Presenting a broad spectrum of media, a surprisingly diverse range of artists and covering nearly 150 years of art history, Sweet Tea IV is a must see exhibit. Visitors will encounter great works by early masters such as Alfred Jacob Miller, Joseph Sharp, Edgar Payne and Albert Bierstadt along with contemporary standouts Ansel Adams, Curt Walters, Krystii Melaine, Richard Schmidt, Tom Browning and many more.

The exhibition is co-curated by Booth Executive Director Seth Hopkins and Director of Curatorial Services Jeff Donaldson, working with a wide range of private collectors and museums around the Southeast. The Sweet Tea series began in 2005 and has become the Booth Museum's signature exhibition, occurring every three years. The title, developed by the museum's founding curator, Dr. W. James Burns, whimsically and loosely defines the geographic area which is home to these amazing works of art. The Sweet Tea series truly complements the Booth Museum main galleries which house the largest permanent exhibit space for Western art in the country.

Western American Art South of the Sweet Tea Line IV, or Sweet Tea IV as it is known among Booth Museum insiders, allows visitors to experience art that will transport them to the most beautiful locations in the west and witness both the joys and hardships of life in the West. Works included in the exhibition span a 150 year period and present a full cross-section of Western art, both historical and contemporary, and the full range of potential Western subjects. "For Sweet Tea IV, I am excited by the range of media we will be presenting," said Booth Museum Executive Director Seth Hopkins. "We are installing the first video installation piece to be shown at the Booth. Also new to the series this year will be digital art, reductive woodblock printing and a unique mixed media collage." Among the prestigious institutions loaning to the exhibition this year are the Hunter

Museum of American Art, Chattanooga; Georgia Museum of Art, Athens; Huntsville Museum of Art; Cheekwood Botanical Garden and Museum of Art, Nashville; and Lamar Dodd Art Center, Lagrange, Georgia.

In October, the Booth will open Prevailing Winds: American Women Artists, an exhibition and sale for AWA members. Sweet Tea IV curators sought to compliment this planned exhibition with some of their selections. "With the AWA show opening shortly after Sweet Tea IV we were actively seeking works by women artists, who are very often underrepresented in Western art," said Hopkins. "We were able to locate great examples by contemporary artists such as Nancy Dunlop Cawdrey, Lanford Monroe, Nancy Bush and Jaune Quick-to-See Smith along with important earlier works by painters Florence Young and Grace Betts as well as photographers Imogen Cunningham or Dorothea Lange.

One positive outcome from the series has been the camaraderie developed among Southern collectors who met through programming related to the series. "In many cases Southerners who collect Western art feel alone or isolated, with no one in their peer group with whom to share their passion. During the Sweet Tea exhibition we regularly bring in artists in the exhibit for lectures and workshops," said Hopkins. "At these events collectors meet other like-minded people and in many cases have formed deep friendships."

The logistics of pulling together an exhibition of this scale from 50 or more lenders is time consuming and requires resources. "Throughout the three years between Sweet Tea exhibits we are networking with other museums and private collectors to learn more about their Western art holdings and discussing borrowing

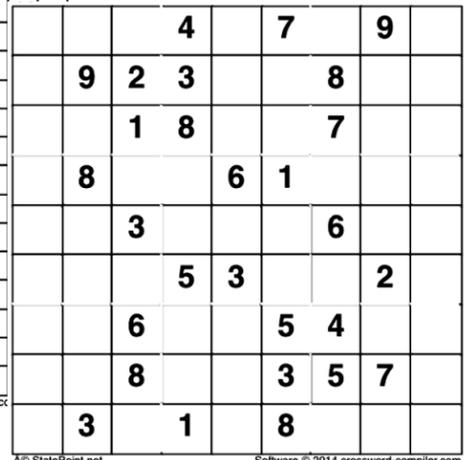
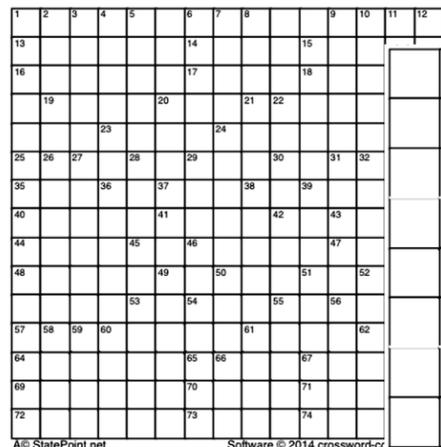
their prized possessions," said Hopkins. "Some works may be reminiscent of our permanent collection, but the emphasis is on exposing our audience to artists not represented in our collection, at least not yet anyway. It is a lot of work, but I think our members really look forward to our Sweet Tea exhibitions."

For more information on the Booth Western Art Museum call 770-387-1300 or visit www.booth-museum.org.

About Booth Western Art Museum
Booth Western Art Museum, an

Affiliate to the Smithsonian Institution, is a 120,000 square foot museum located in Cartersville, Georgia, where guests are invited to See America's Story through contemporary Western artwork, a Presidential Gallery, Civil War art gallery, and Sagebrush Ranch, an interactive children's gallery. Open since August 2003, Booth Museum is the only museum of its kind in the Southeast and is the second largest art museum in the state of Georgia. To learn more about Booth Western Art Museum, visit www.boothmuseum.org.

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On the Cover

Fly Fishing Provides Wounded Warriors Reel Serenity

by SUSAN LARSON

ON THE COVER

Gordon Walker (left) volunteers with Fly Fishing for Vets, an organization that helps heal wounded warriors through fly fishing.

There is certainly something in angling that tends to produce a serenity of the mind.

~Washington Irving

Fly-Fishing for Vets, a 501(c)(3) nonprofit organization, seeks to provide wounded warriors and their families with a bit of serenity and relief from the many stressful aspects of recovering from an injury or being permanently disabled.

Founder Ken Griffin said he started the organization to help soldiers in their recovery through the outdoors. "We believe in the healing effects that being in a peaceful setting among friends and family provides," Griffin said. "It is a welcome relief from the stress of recovery and the

return from war. What better way to provide that than with a rod and reel?"

For the Vets, the foundation offers one or two-day trips with guided fly-fishing instruction and excursions as a means to get away from it all. The trips can also be therapeutic, in that they can restore confidence, feelings of independence and self-esteem for the wounded warrior.

Spouses of the Veterans are also provided with activities to help them relax, enjoy themselves and get away from the hectic pace often associated with recovery and being at times the main caregiver.

Child care is offered when available, with options ranging from basic day care to hiking and horseback riding. Naturally, if spouses and older children would like to fish too, they are more than welcome to.

Gordon Walker, of Lawrenceville is an active volunteer in the program. As a guide for River Through Atlanta, Walker is skillful both in fly-fish-

ing and reeling in participants.

"We give the wounded veterans a vest and a fly rod to keep. Most of these are donated by Trout Unlimited and Atlanta Fly Fishing Club," Walker said. "Also, there is an outfit in Dahlonega, called The Goodwill Guides. We had a 2-fly tournament at Frog Hollow last year.

The main event for Fly Fishing for Vets occurs on Veterans Day, but Walker, whose daughter is a Marine, takes veterans who are able out in small groups all year round. He is also involved with Project Healing Waters (www.projecthealingwaters.org), and teaches tie flying classes at the Veterans Hospital.

"It's very therapeutic, even if they can't get out to fish," Walker said. "We have one woman who has use of only one arm and she shows up regularly."

"We also teach fly tying classes at Shepard Spinal Center. The people at this location have injuries to the brain or spine and have trouble concentrating or focusing on a task. After a couple classes, some doctors wanted to sit in to see first hand what we were doing because some patients showed a noticeable improvement after coming to the class. Fly tying, like fly fishing is a serene, calming hobby that many vets need to help ease the recovery process."

Ken Griffin added that

they also build rods.

"Our head rod building guru Mike Popick alone has spent 54 hour this quarter working individually with 13 vets from the Shepherd Center and three vets from the Goodwill Guides building rods," Griffin said.

This year's big Veteran's Day event will be the Big Pig contest in Frog Hollow, Nov. 8th & 9th."

For more information on providing wounded warriors some reel pleasure, by volunteering or by donating, visit www.flyfishingforvets.com and www.the-goodwillguides.org.



Twenty year Navy veteran Tim Matthews shows off his catch.



Veteran Dennis "Doc" Dunham reeled in a nice bow.

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Sidewalk Salesmen and Parking Lot Peddlers

by **KELVIN COLLINS**
President/CEO, BBB of Central Georgia & the CSRA, Inc.

It is the weekend and you are dashing to complete a list of errands. As you pull into the parking lot of a neighborhood mall or store, you see some enticing signs for “high quality” equipment, furniture, jewelry or artwork that is displayed on the blacktop. The advertised prices are extremely low and worth checking out, you decide. Think again, as you are about to get taken.

It is known as the “white van” or the “parking lot peddler” scam. People driving white vans or sport utility vehicles pull into a parking lot to display their wares. The packaging looks legitimate, the merchants will swear that the products are not stolen, and assure you that they can be returned if you are not completely satisfied. What

they do not tell you is that they will be long gone by the time you discover the products are defective, not high quality, or counterfeit brands. The salesperson’s “satisfaction guaranteed” or “return for full refund” claims are worthless.

It is best to exercise similar caution when evaluating goods displayed on card tables set up on busy sidewalks. The merchants will assure you that the purses are designer brands, the jewelry 24-carat gold and the watches top quality. While the prices may be attractive and the merchandise tempting, think about your recourse should you not be satisfied with your purchase. Are you going to be able to track down that particular sidewalk vendor again? If he is not there, do you know the name of their business and its physical location? Were you provided with a business card with contact information or a sales receipt with a print-

ed return and exchange policy? Chances are, the answer to each of these questions is “no.”

At the very least, contact your Better Business Bureau and ask about the merchant and the manufacturer of the product before making a purchasing decision. The BBB may have a business review on the company with helpful information. You can also contact the city or county licensing department to see if the vendor is properly licensed.

BBBs also hear the heartbreaking stories of complainants after the fact. The stereo speakers do not work or cannot be configured properly. The furniture smells of chemicals and appears to be “used” rather than “brand new.” The jewelry has left a green mark on their skin. The purse is counterfeit and the stitching is coming loose.

Unfortunately, sidewalk vendors and parking lot ped-

dlers travel quickly through town. They do not stay in any one place for very long before moving on. If you fall victim to a white van scam, contact your local police and Better Business Bureau. At the very least, your call can help warn others who may be tempted by the “great” deals.

For more tip you can trust, visit bbb.org.

Kelvin Collins is president/CEO of the Better Business Bureau of Central Georgia & the CSRA, Inc. serving 41 counties in Central Georgia and the Central Savannah River Area (CSRA). This tips column is provided through the local BBB and the Council of Better Business Bureaus. Questions or complaints about a specific company or charity should be referred directly to the BBB at Phone: 1-800-763-4222, Web site: www.bbb.org; E-mail: info@centralgeorgia.bbb.org or, info@csra.bbb.org.

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Taking Care

Reduce the Risk of Life-Altering Falls

by LISA M. PETSCHÉ

One in three seniors experiences a fall each year according to the National Center for Injury Prevention and Control. While taking a spill may primarily hurt one's pride in their young years, falls are the primary cause of injury and hospitalization for older adults. Half of those injured do not regain their former level of independence. Even more sobering, falls are one of the top ten causes of death in people aged 65-plus.

The majority of falls by seniors take place at home during everyday activities. Most often they occur in the bathroom, bedroom or a stairwell.

Follow the tips below to help preserve your physical functioning, well-being and independence or that of someone for whom you are providing care.



Lisa Petsche

Physical Health

- Get regular medical checkups, including vision and hearing tests.
- Take medications as prescribed. Fill all prescriptions at one pharmacy. Ask the pharmacist about available aids for organizing and remembering to take medications.
- Stay physically active and exercise regularly to help with posture, flexibility, muscle strength, bone mass, cardiac health and overall wellness.

Safety

In addition to health and age-related changes, hazardous conditions in the home environment are a major cause of falls. Here are some ways to reduce these hazards for yourself or a loved one:

- In Stairwells: Ensure steps are in good repair and have a non-skid surface. Keep them free of clutter. Have solid handrails installed on both sides of stairways and ensure adequate lighting.
- In the Kitchen: Keep regularly used pots, dishes, staple foods and other supplies within easy reach.

Ensure the heaviest items are stored in the lower cupboards. If you must reach high places, get a step stool that has a high handrail and rubber tips.

- In the Bathroom: Have grab bars professionally installed by the toilet and in the bathtub or shower area. Use a rubber mat in the tub or shower, and a non-skid bath mat on the floor. Consider getting a raised toilet seat, a bathtub seat or shower chair and a hand-held shower attachment.

General Tips

- Wear slippers or shoes that fit snugly, offer good support and have a non-skid sole.
- Ensure throw rugs and scatter mats have a non-skid backing. Better yet, remove them.
- Keep walkways clear of electrical and telephone cords.
- Avoid clutter in rooms and hallways and on stairs.
- Use night-lights in the bedroom, hallway and bathroom. Get the kind that has a built-in sensor that automatically turns the light on in dim conditions. Also get plug-in, rechargeable flashlights that automatically come on when the power goes out.
- Sign on with a personal emergency response service, whereby you wear a lightweight, waterproof

pendant or bracelet that has a button to press if you run into a crisis and need help.

- Visit a medical supply store and check out the many products available – such as reachers and electric-lift armchairs – that can make daily activities safer. If you are caring for someone at a high risk for falls – due to physical frailty or poor judgment stemming from cognitive impairment, for example – inquire about bed alarms and chair alarms that alert you when the care receiver attempts to get up.
- Consider a cane or walker if balance is an ongoing problem. It is important to be fitted with the appropriate type of aid and receive instruction on how to properly use it.
- Arrange for a home assessment by an occupational therapist if you would like more information about identifying potential safety hazards and successfully addressing them. The therapist may point out areas of risk and make recommendations that would not have occurred to you.

Lisa M. Petsche is a medical social worker and a freelance writer specializing in boomer and senior concerns. She has personal and professional experience with elder care.

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Out & About

Christmas at Callanwolde... Atlanta's Christmas Destination!

Special to Senior News

The joy of the holiday season begins again at Callanwolde Fine Arts Center with Christmas at Callanwolde, an Atlanta Tradition for over 40 years known as Atlanta's Designer Showroom and Christmas Destination. This 16-day holiday celebration features a variety of events for the whole family. The host committee include Robin Meade, Charlie Brusco, Dr. Bobbie Bailey, Sean O'Keefe, Valerie Montgomery Rice, and Jamie Annarino. Visitors will enjoy the splendor of Christmas trees adorning the entire 27,000 square-foot mansion, rooms decorated by wonderful designers, and rooms decorated especially for children (Teddy Bear, LEGOLAND, and Gingerbread Houses.) The Ocean VIP party is a formal evening at the mansion with touring group von Grey performing

live (they have also performed on the Late Show with David Letterman and Late Night with Conan O'Brien.) Teddy Bear Tea and LEGOLAND Breakfast with Santa offer children a chance to share their Christmas wish lists with Santa himself. Cocoa & Caroling, and Baker Donelson Family Movie Night brings the whole family together to share in the joy of the season with each other.

The mansion itself is host to Atlanta's top interior and floral designers who have dressed each room in Christmas wonder. The Callanwolde Artisan Market is open daily so visitors can shop for handmade gifts from Callanwolde's fine artists. Seasonal workshops are scheduled with professional artists to teach holiday crafts and decorations that you can bring home to enjoy with the family.

With everything that Callanwolde has to offer this holiday season, your whole family can share in the magic of

Christmas at Callanwolde. With events and tours of the estate happening every day, there is always something to delight and entertain at Atlanta's Christmas Destination. Callan Café open for lunch and dinner and Dominic's New York Pizza Food Truck onsite everyday as well.

Highlights Include

- Tour the Historic Mansion decorated by Atlanta's top interior and floral designers
- LEGOLAND fun room for kids – everyday
- Cocoa & Caroling – Tuesday, Dec. 2
- VIP Party with von Grey – Thursday, Dec 4
- LEGOLAND Breakfast with Santa – Saturday, Dec 6 and 13 Sunday, Dec. 7 and 14
- Teddy Bear Tea – Sunday, Dec. 7 and 14
- Baker Donelson Family Movie Night – Friday, Dec. 12
- Callanwolde Artisan Market in the

- Mansion – Dec. 1-16
- Holiday Centerpiece Workshop presented by Faith Flowers
- Holiday Shopping in the Conservatory sponsored by Atlanta Foundation for Public Spaces – Dec. 1-16

Christmas at Callanwolde Hours: Dec 1 through 16, 2014

- Weekdays: 11am-9 pm
- Saturdays and Sundays: 9 am-4 pm

General Admission Tickets

- \$20 per person
- \$15 for groups of 20 or more call 404-872-5338

Tickets may be purchased at www.callanwolde.org or at the door.

The Callanwolde Fine Arts Center is located at 980 Briarcliff Rd, NE, Atlanta. For complete information on Callanwolde's Christmas Season offerings, call 404-872-5338 or visit www.callanwolde.org.

V.E.T.S....

Veterans Expressing Their Stories

Special to Senior News

Callanwolde Fine Arts Center and the Southern Order of Storytelling presents a Veterans storytelling event November 9 from 3 to 5 pm. at Callanwolde Fine Arts Center located at 980 Briarcliff Road, NE, Atlanta. Complete information can be obtained by calling 404-872-5338 or visiting www.callanwolde.org. **ADMISSION is Free and open to the public.** The event is free and will be held in the historic Callanwolde mansion.

Callanwolde and the Southern Order of Storytellers present the third annual "Veterans Expressing Their Stories" or V.E.T.S. storytelling program. Storytelling connects all of us, so bring your families, children and grandchildren to hear the stories of veterans from many branches of service over the past 70 years.

Storytellers include Larry England, a veteran of the Vietnam War, Anthony Vinson, a veteran of the Cold War, and Jared Alexander, a veteran of the War in Iraq. Each will tell a story about their military service. Denise DesSoye Mount, another local storyteller, will share the story of her uncle John A Junkin's service in World War II.

There will be a presentation of Quilts of Valor by members of the Gwinnett Quilters Guild. The national organization, Quilts of Valor Foundation creates Quilts of Valor for wounded service men, women, and veterans. The Quilts of Valor Foundation has presented more than 100,000 quilts as of June, 2014 to service members and veterans who have been touch by war.

The program will also include

presentation of the colors by Decatur High School JROTC Color Guard, and patriotic music such as the "The Star Spangled Banner," "America the Beautiful," and "My Country Tis of Thee" performed by local musician Amanda Sacchitello, who founded K.E.Y.S., a music camp offering music and piano experience for young students.

Guests interested in displaying their Veteran uniforms and keepsakes, are invited to bring them prior to start of the event to put them on display. Display tables will be available in the Indoor Courtyard where the storytelling will take place. For more information on displaying items, contact Jessica Miller at 404-872-5338 ext. 238.



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ATLANTA METRO AREA Opportunities Directory

For additional *Opportunities* listings, please visit our website at:
www.seniornewsga.com

Senior Citizen Services
1705 Commerce Drive, NW, Atlanta.
For information on programs offered call 404-351-3889.

Cobb Senior Services
• Administrative Office: 1150 Powder Springs St., Suite 100, Marietta, GA 30064, 770-528-5355
• For events & activities: www.cobb-seniors.org

Multipurpose Centers:
(Seniors age 55+)
• East Cobb Senior Center: 3332 Sandy Plains Rd., Marietta, GA 30066, 770-509-4900
• Freeman Poole Senior Center: 4025 South Hurt Rd., Smyrna, GA 30082, 770-801-3400
• North Cobb Senior Center: 4100 Old Highway 41, Acworth, GA

30101, 770-975-7740
• West Cobb Senior Center: 4915 Dallas Highway, Powder Springs, GA 30127-4488, 770-528-8200

Neighborhood Centers:
(Seniors age 60+)
• Austell Neighborhood Center: 4915 Austell-Powder Springs Rd., Austell, GA 30106, 770-819-3200
• Marietta Neighborhood Center: 1150 Powder Springs St., Marietta, GA 30064, 770-528-2516
• Senior Wellness Center: 1150 Powder Springs St., Suite 100, Marietta, GA 30064
• North Cobb Neighborhood Center: 4100 Old Highway 41, Acworth, GA 30101, 770-974-2984.

Fulton County Senior Services
The Fulton County Government coordinates a variety of services at 20 senior centers. For the nearest center or more information call the Fulton County Senior Information and Assistance at 404-613-6000, or visit www.myfultoncountyga.us.

Senior Multipurpose Facilities
• Dorothy C. Benson Senior Multipurpose Complex (Includes Sandy Springs Neighborhood Senior

Center): 6500 Vernon Woods Drive, Sandy Springs, 404-613-4900.
• H.J.C. Bowden Senior Multipurpose Facility: 2885 Church Street, East Point, 404-762-4821.
• Harriett G. Darnell Senior Multipurpose Facility: 677 Fairburn Road, NW, Atlanta, 404-699-8580.
• Helene S. Mills Senior Multipurpose Facility: 515 John Wesley Dobbs Avenue, Atlanta, 404-523-3353.

Neighborhood Senior Centers
• Alpharetta/Crabapple Neighborhood Senior Center, 12624 Broadwell Road, Alpharetta, 770-751-9397.
• Auburn Avenue Neighborhood Senior Center, 300 Auburn Ave., NE, Atlanta, 404-224-3140.
• Bethlehem Neighborhood Senior Center, 87 Thayer Street, NE, Atlanta, 404-577-6017.
• Camp Truitt Neighborhood Senior Center, 4320 Herschel Road, College Park, 404-762-4802.
• Cosby Spears Neighborhood Senior Center: 355 North Ave., NE, Atlanta, 404-876-4031.
• Dogwood Neighborhood Senior Center: 1953 Bankhead Hwy., Atlanta, 404-792-4964.
• Fairburn Neighborhood Senior Center: 109 Milo Fisher St., Fairburn, 770-306-1555.
• Fulton County QLS Senior Center: 4001 Danforth Road, SW, Atlanta, 404-699-1686.
• Hapeville Neighborhood Senior Center: 527 King Arnold St., Hapeville, 404-762-3660.
• New Horizons Neighborhood

Senior Center: 745 Orr St., NW, Atlanta, 404-730-7100.
• Northside Shepherd Neighborhood Senior Center: 1705 Commerce Dr., NW, Atlanta, 404-352-9303.
• Palmetto Neighborhood Senior Center: 510 Turner Ave., Palmetto, 770-463-4990.
• Roswell Neighborhood Senior Center: 1250 Warsaw Rd., Roswell, 770-640-1583
• St. Paul Neighborhood Senior Center (Tuesdays & Thursdays): 501 Grant St., NE, Atlanta, 404-688-7501.
• Sandy Springs Neighborhood Senior Center (In same location as Dorothy C. Benson Senior Complex): 6500 Vernon Woods Dr., Sandy Springs, 404-705-4901.
• Southeast Neighborhood Senior Center: 1650 New Town Circle, SE, Atlanta, 404-624-0641.

Roswell Recreation & Parks Offerings
• Roswell Recreation Senior Citizens Club: Meets each Wednesday. Activities include trips, parties, guest speakers, social functions and other activities. For membership information call 770-641-3950.
• Monthly Luncheon: Second Wed. of the month. Must RSVP one week in advance. Call for more information.
• Scrabble Club: First and third Tues. of each month, 10 a.m. and Mondays at 1 p.m. Call in advance to play, 770-641-3950.

Lawrenceville Senior Center
225 Benson Street, Lawrenceville 770-822-5180.

Gwinnett Senior Center
225 Bethesda Church Road, Lawrenceville, 770-822-5147

Council on Aging
Meets the first Wed. of each month in the Dorothy C. Benson Senior Multipurpose Complex, 6500 Veron Woods Drive, Sandy Springs. For complete details call 404-613-4900.

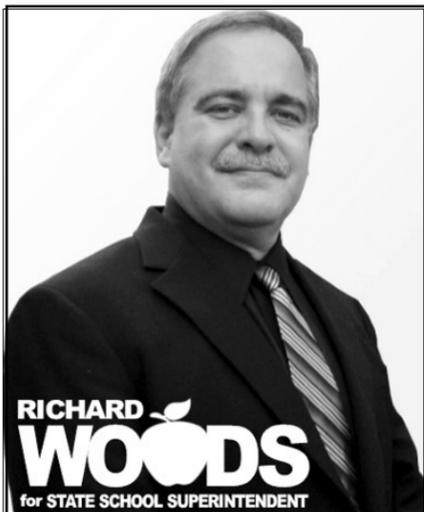
Bartow County Senior Center
Cassville, 770-383-7383
www.bartowga.org

Fayette Senior Services
4 Center Drive, Fayetteville 770-461-0813. Call for complete details on services offered.

CLUB 55
The Bridge Community Center 225 Willowbend Rd., Peachtree City www.thebridge-cc.org
Club 55: For adults 55 and older. Meets every 4th Wed., 1:30-3:30 p.m. for bingo, foosball, video games, movies and more. For details visit www.thewypers@bellsouth.net.

Alzheimer's Support Group
On the third Monday of every month at 7:00 p.m., Cypress Court and Vinings Place and the Greater Georgia Chapter of the Alzheimer's

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RICHARD WOODS
for STATE SCHOOL SUPERINTENDENT

READY TO LEAD

Richard Woods has over twenty-two years of Pre-K through 12th grade experience in public education.

Classroom Experience
• Social Studies Teacher, 14 years
• Department Chairperson
• Statewide and regional recognition for teaching strategies

Administration Experience
• Assistant Principal
• Principal
• K-5 Curriculum Director
• Home School Director

Business Experience
• Small Business Owner
• Purchasing agent for domestic and international laser company

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Azalea Estates Assisted Living and Retirement Community
105 Autumn Circle, Fayetteville, GA
www.azaleaestates.com
770-461-0039

Baptist Towers Senior Retirement Community
1881 Myrtle Drive, SW, Atlanta, GA
www.ncr.org
404-758-4562

Benson Manor
2348 Benson Poole Road
Smyrna, GA
www.rhf.org
770-435-6406

Choice Care Senior Living, LLC
278 C S Floyd Road
Loganville, GA
770-554-8600
www.choicecareseniorliving.com

Georgia Health Services Network
P.O. Box 2966
Loganville, GA 3005
770-466-7711
www.georgiahealth.us

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www.hollanderseniorliving.com
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404-231-1580

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770-923-0005

Park Trace Apartments
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404-371-0887

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A Senior Community
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Gainesville, GA 30501
770-538-0938

Ross Memorial Health Care Long Term Care Facility
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Kennesaw, GA 30152
770-427-7256

The Zaban Tower
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Atlanta, GA
www.wbjh.org
404-751-2255

Vineville Christian Towers
2394 Vineville Avenue,
Macon GA
478-743-4661

CALENDAR
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Association are sponsoring an Alzheimer's Support Group. This support group is intended for families and friends of a loved one afflicted with Alzheimer's Disease. For additional information and directions call 770-803-0100.

Parkinson Disease Support Groups

For information on Parkinson Disease Support Groups in the metro area, please contact Lynn Ross, LMSW, Coordinator, American Parkinson Disease Association Information & Referral Center, Emory University, at 404-728-6552 or sross@emory.edu.

Multiple Sclerosis Center of Atlanta

Support group meetings second Tuesday each month, 4-5:30 p.m., MSCA in Buckhead, 3200 Downwood Circle, Suite 550, The Palisades Building. For additional information call 404-351-0205, ext. 110, or visit www.mscaatl.org.

Alzheimer/Caregiver Support Group Meeting

First Mon. each month, 10:30 a.m. Free respite care for your loved one during meeting, must call in advance. Aloha to Aging, Inc. located in the Mt. Bethel Community Center, 4608 Lower Roswell Rd., Marietta. Call 678-439-1177.

Square Dance Class

Singles & couples welcome; free childcare, ages 5+. Hosted by Kennesaw Square Dancers. Call 404-808-8689 or visit www.squaredealers.com.

Senior Ballroom Dance

First & third Tuesdays, 7:30 p.m., Mason Mill Park, 1340 McConnell Dr., Decatur. Live band, refreshments. Call 404-679-1349.

Friends of Smyrna Library

100 Village Green Circle, Smyrna www.friendsofsmyrnalibrary.org 770-436-8062; Third Thursdays

Georgia Center for the Book DeKalb County Public Library

215 Sycamore Street, Decatur 404-370-8450, www.georgiacenterforthebook.org

Roswell Library

115 Norcross St., Roswell 770-640-3075

East Point Library

2757 Main St., East Point 404-762-2094

Buckhead Library

269 Buckhead Ave., Atlanta

Scott-Candler Library

1917 Candler Rd., Decatur 404-286-6986

Atlanta World War II Round Table

Preserving History. For information call John Kovach at 770-928-4579 or visit our website at <http://atlantawwi-roundtable.org>.

East Cobb AARP

AARP New Members and Volunteers Welcome. First Thurs. of the month, 1:30-3 p.m., East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. Contact Joan Ferrandino at 770-579-5191 or Arlene LeClair at 770-321-9789.

Woodstock AARP Chapter 5173

Meetings held 2nd Tues. of each month, 11:30 a.m.-1:00 p.m., Hearth Restaurant, 3055 Eagle Watch Dr., Woodstock. Call Alice Kuzniak at 770-928-5640.

Sandy Springs AARP

Meets the 2nd Tues. of each month at 1:30 p.m. in The Dorothy C. Benson Senior Center, 6500 Vernon Woods Drive, Sandy Springs. For information call 404-613-4900.

PALS Lunch 'n Learn Sessions

For details call PALS (Perimeter Adult Learning and Services) at 770-698-0801.

Senior Connections' Adventures In Learning Classes

Mack Love Senior Center, 1340 McConnell Dr., Decatur Online catalog available at www.seniorconnectionsatl.org or call 404-321-6060.

Monthly Sacred Harp Singing

Thurs., Nov. 6, 7:30-9:30 p.m. Early

American hymns sung in powerful, exuberant style, as seen in *Awake My Soul*. Beginners welcome, instruction provided. Emory Presbyterian Church, fellowship building, 1886 N. Decatur Rd. For details and directions call 404-892-6836 or visit www.atlantasacredharp.org.

Monthly Song Circle

Fri., Nov. 21, 7:30 p.m. Group singing just for fun... no performances. Open to all. Folk music, old standards, spirituals, political songs, pop, freedom songs, country, show tunes, and more. East Lake location. For directions and more information call Bob at 404-378-5424.

Congregation Shema Yisrael

4549 Chamblee-Dunwoody Rd., Atlanta. Call 404-943-1100. The Open Synagogue holds services every Sat. at 10:15 a.m., Jewish Family and Career Services.

Congregation Beth Shalom

5303 Winters Chapel Rd., Atlanta 770-399-5300; www.bshalom.net

Congregation Chabad of North Fulton

10180 Jones Bridge Rd., Johns Creek, 770-410-9000; www.chabad-nf.org.

Alzheimer's Support Group

4th Thurs. of month, 6:30-8:00 p.m., GoldenCrest Assisted Living, 2160 Lake Harbin Rd., Morrow. For details call Gery Saunders at 770-961-2200.

Grandparents on the Move Meeting

Every 3rd Thurs., 10 a.m.-12 noon, Helene Mills Center, 515 John Wesley Dobbs Ave., Atlanta. Everyone invited. For details call 678-938-6649.

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NOTICE TO ALL VETERANS
Who Have Honorably Served Their Country in War & Peace

★ 

Because of the lack of burial space land devoted to a national cemetery, we at Gwinnett Cemetery Group proudly... have dedicated a Garden of Honor to accommodate honorably discharged Veterans and SPOUSES. As an Honorably Discharged Veteran who does not already own cemetery property, you qualify for a space at NO CHARGE. Payment of endowment care and deed transfer fees required. However, you must register for the space and show proof of an Honorable Discharge Certificate for the space. Spaces will be granted on a first come, first-served basis. To assure a reservation for you and your spouse mail coupon below to:

Service & Planning • 87 Scenic Hwy. • Lawrenceville, GA 30046.
Gwinnett Memorial & East Shadowlawn Memorial Gardens, Lawrenceville • White Chapel Memorial Gardens, Duluth
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City _____	State _____ Zip _____ Phone _____
Spouse's Name _____	Number In Family _____

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1349 Milstead Road, Conyers GaDerm.com 770-785-7546

DIALYSIS SERVICES

Reliant Renal Care
www.ReliantRenalCare.com 678-402-6048
1720 Powder Springs Road, SW, Atlanta, GA

HEARING SERVICES

Decatur Hearing Aid Service
917 N. Indian Creek Dr., Clarkston, GA 404-299-1141

Zounds Hearing Aids Worth Wearing

www.ZoundsHearing.com 678-352-1940
• 580 E. Crossville Rd., Suite 340, Roswell, GA
• 440 Ernest Barrett Pkwy., Marietta, GA

HOSPICE CARE SERVICES

Seasons Hospice & Palliative Care
www.seasons.org 855-803-5289

VITAS Hospice Care
VITAS.com; 404-843-6544 404-250-1806

PHARMACY SERVICES

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Austell, GA 30106
770-941-5750

Seniors Helping Seniors

Marietta, GA
678-694-8860; 678-477-2176
www.seniorcarenorthmarietta.com

Silver Companions

404-918-4407
www.SilverCompanionsGA.com

PRIMARY & PREVENTATIVE CARE SERVICES

JenCare Neighborhood Medical Centers
404-419-0184

VISION SERVICES

Low Vision of Georgia - Dr. Brian Saunders
www.IALVS.com
877-948-7784; 770-948-7784

CALENDAR from page 13

N.A.R.F.E.

All federal civilian employees and retirees are invited to join N.A.R.F.E. (National Active and Retired Federal Employees Association). Call T. Jerry Samples at 770-973-2834.

Lifespan Resources, Inc.

3003 Howell Mill Rd., NW

An interfaith, non-profit volunteer organization recognizing and responding to the needs of older persons in North Atlanta. For details call Laurie Stokes, Executive Director, at 404-237-7307 or www.lifespanresources.com.

Volunteers Needed by CASA – Court Appointed Special Advocates

Be a positive influence and help provide stability and leadership in a child's life. Consider volunteering with CASA. For complete details call 770-345-3274 or visit www.casacherokee.org.

Newnan-Coweta Habitat for Humanity ReStore

Open Tues.-Sat., 9 a.m.-5 p.m., 150 Pine Rd., Newnan. Donations accepted 9 a.m.-4:30 p.m. Tues.-Sat. Call 770-252-4061.

Atlanta Scrabble Club

Meets the 2nd Sat. each month, 10 a.m.-noon, Centerville Community Center, 3025 Bethany Church Rd., Snellville. Bring Scrabble games and dictionaries. Cost \$1 per person per game (in cash – exact bills, please). For details call 770-557-1343 or email doc2barbara@earthlink.net.

FODAC Needs Donations

4900 Lewis Rd., Stone Mountain. FODAC depends on your financial donations as well as your donations of medical equipment and household goods to our thrift store. You can donate online. You can also donate your used automobile. For complete details call 770-491-9014 or email: fodac@fodac.org.

The Matt Adler Entertainers

"The Matt Adler Entertainers," a Troupe O' Traveli' Seniors offers delightful entertainment for senior groups. One-act plays, skits, mostly comedy. Call Alice Adler at 404-296-7288 or alicerhodes357@mindspring.com.

Care & Share Support Group

First Mon., 6 p.m., Arbor Terrace of East Cobb, 886 Johnson Ferry Rd., Marietta, 770-977-4420.

Harmony Grove UMC

50 Harmony Grove Rd., Lilburn
770-921-7747

Columbia Presbyterian Church

711 Columbia Dr., Decatur
404-284-2441

Southern Winds Concert Band Welcomes 50 & Older Musicians

Members meet together to share their love of music and the joy of playing together. No auditions. Typically, the band plays one concert each month. The band rehearses at Northbrook United Methodist Church, 11225 Crabapple Rd., Roswell, every Thurs., 2:30-5:00 p.m. For complete details contact Dorothy Parker at 770-993-2059 or e-mail arw1935@att.net.

Volunteers Needed

Court Appointed Special Advocates (CASA) connects qualified, compassionate adults to advocate for children in the foster care system, one child at a time. You will be trained and equipped to advocate for a child's right to be safe, to be treated with dignity and to learn and grow in the security of a

loving family. Connect with CASA by calling 770-345-3274, email at info@casacherokee.org or visit www.casacherokee.org.

Hospice Volunteer Opportunities

Seasons Hospice is looking for angels who can make a difference by providing companionship for hospice patients and their families. Volunteer selection begins with an application and an interview in which potential volunteers may express their personal goals, availability, interests and talents. Our volunteers are carefully screened through a criminal background check, motor vehicle report, and personal references. Volunteer training give volunteers an opportunity to learn new skills and become aware of skills they already possess. Volunteering for hospice can enrich your life by enriching the lives of others. If you are ready to make a commitment to caring for others, we would love to hear from you. Please email Janice Danford at jdanford@seasons.org or call 404-250-4950.

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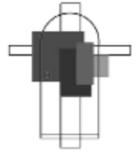
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CALENDAR

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DivorceCare

You don't have to go through it alone. Most people will tell you that separation and divorce are the most painful and stressful experiences they've ever faced. It's a confusing time when you feel isolated and have lots of questions about issues you've never faced before. DivorceCare groups meet weekly to help you face these challenges and move toward rebuilding your life. Each session has two distinct elements:

- 1) 30-40 minutes video seminar covering various topics (like God during your divorce, anger, loneliness, children, finances, etc.)
- 2) a support group with focus.

We'll be starting our 13-week series Tuesday evening, Aug 5 in the Education Building in the Library (Room 313) from 6:30-8:30 pm. at McKendree United Methodist Church, 1570 Lawrenceville Suwanee Rd, Lawrenceville, 770-339-9801. All are welcome and invitation is considered an open door arrangement... meaning you can join us at any time.

For additional information, contact Susan Rowe, Director of Christian Education, at 770-339-9801, ext. 26 or facilitators, Jay & Nancy Rowland, at 678-618-8735 or nancy.m.rowland@gmail.com.

Georgia Diabetes Symposium For Health Professionals & Patient Workshop

Sat., Nov. 8, Atlanta Marriott Marquis, 265 Peachtree Center Ave., Atlanta. Features a FREE half-day patient workshop for people living with diabetes. Call 404-527-7510, ext. 111 or visit www.diabetesatlanta.org.

Gala Evening With Chopin

Sun., Nov. 16, 5 p.m., Country Club of the South, 4100 Old Alabama Rd., Johns Creek. For details visit www.chopinatlanta.org.

The Georgia Festival Chorus Presents "Carols by Candlelight"

Sun., Nov. 23, 7 p.m., McEachern Memorial United Methodist Church; Thurs., Dec. 4, Johnson Ferry Baptist Church; and, Tues., Dec. 9, Lenbrook Square. FREE admission! For complete information call 404-234-3581.

"Not Just For Laughs" Fundraising Event for Hospice Angels Foundation

Sat., Nov. 15, Flat Creek Country Club, Fayetteville. Presented by Hospice Advantage. Includes dinner, silent auction and Las Vegas style comedian. For complete details and tickets call Laynie Humphrey at 678-817-4180 or email lhumphrey@hospiceadvantage.com.



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Peggy Freeman is presented SAR's "Martha Washington" Medal

Special to *Senior News*

The Atlanta Chapter, Sons Of The American Revolution, has honored Peggy Freeman, Past Regent of the Philadelphia Winn Chapter, Daughters Of The American Revolution, with the "Martha Washington" Medal. The medal is presented in grateful recognition for

Peggy's outstanding service to the Sons of The American Revolution. Terry Manning, President of the Atlanta Chapter of SAR, made the presentation.

The medal is a most prestigious award presented by the oldest SAR Chapter in the state of Georgia.

Peggy was recognized for leading her DAR Chapter in a co-operative effort between SAR and DAR and her

years of dedication to the preservation of patriotism and continued support of the U.S. military and veteran families.

The Philadelphia Winn Chapter, Daughters of the American Revolution, is located in Lawrenceville, GA. The Chapter is composed of just under 200 members.



Peggy Freeman (left), Philadelphia Winn Chapter, NSDAR, Lilburn and SAR Atlanta Chapter President Terry Manning, Lilburn.

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