

Senior News

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***Dr. Bill Baggett
retires and reminisces!***

Story on page 6

September 2014
Vol. 28, No. 9

Pull the Plug on Utility Bill Collection Scams

by **KELVIN COLLINS**
 President/CEO, BBB of Central Georgia & the CSRA, Inc.

Have you paid your utility bill? Chances are that you have but that isn't stopping scammers from taking advantage of businesses and consumers by impersonating electric and gas company employees looking to deactivate for nonpayment. Utility companies across the nation are warning their customers of this scam. Scammers will impersonate utility company employees with threats of deactivation of service... unless they

pay up immediately. Victims report receiving calls where the person on the line identifies themselves as a representative from your local electric or gas company deactivation team. He or she tells you that you are late on your bill and you need to pay immediately, or your utilities will be shut off. However, instead of accepting payment by credit card or check, the caller wants you to pay by using a prepaid debit card. The scammer instructs you to obtain one and call them back. This is a huge warning sign. Prepaid debit cards are like cash. Once you transfer the money, you will be unable

to retrieve it. Prepaid debit cards are becoming an increasingly popular method of payment for scammers. Wire transfer services have tightened their security, so crooks have turned to these prepaid cards instead. The cards are difficult to trace, and you do not need photo identification to collect or spend the money. Be sure you treat a prepaid debit card like cash and remember that transactions cannot be reversed.

Scammers are also using other ways to prey on utility customers. Some will claim that the electric meter is not working properly and must be immediately replaced – at the customer's expense – or the electricity will be shut off. Other scammers are using email and door to door visits to reach customers. Watch out for emails disguised as overdue notices from your utility company. Clicking on a link or attachment will load malware onto your computer.

Tips for Spotting a Utility Scam

Because local utility companies do sometimes contact their customers by phone, it can be difficult to tell a scammer from a real agent. Here are some tips:

- Prepaid debit cards are a red flag. If a caller specifically asks you to pay by prepaid debit card or wire transfer, this is a huge warning sign. Your utility company will accept a check or credit card and will usually direct you to one of their payment locations.
- Don't cave to pressure to pay immediately. If you feel pressured for

immediate payment or personal information, hang up the phone and call the customer service number on your utility bill. This will ensure you are speaking to a real representative.

- Remember that electrical meters are the property of the utility company and would be the responsibility of the utility to replace or repair.
- Never allow anyone into your home to check electrical wiring, natural gas pipes or appliances unless you have scheduled an appointment or reported a problem. Also, don't get lured outside to view broken meters or point out property lines. Always ask utility employees for proper identification.

There is never a shortage of ways for scam artists to try to separate you from your money but with a little knowledge and a few questions, you might just be the one that gets away. For more tips you can trust, visit bbb.org.

Kelvin Collins is president/CEO of the Better Business Bureau of Central Georgia & the CSRA, Inc. serving 41 counties in Central Georgia and the Central Savannah River Area (CSRA). This tips column is provided through the local BBB and the Council of Better Business Bureaus. Questions or complaints about a specific company or charity should be referred directly to the BBB at Phone: 1-800-763-4222, Web site: www.bbb.org; E-mail: info@centralgeorgia.bbb.org; or, info@csra.bbb.org.

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The Next Chapter

Book Recommendations by
ANNE B. JONES, PhD

A Long Time Gone, Karen White,
New American Library, 2014

Local author Karen White's *A Long Time Gone* is one of the most highly reviewed novels of the year. A master of craftsmanship and character-building, White says she "writes what others have termed "grit-lit" – southern women's fiction, as well as a contemporary paranormal mystery series set in Charleston, South Carolina. "All of my books are set in the US South, and feature a female protagonist at a crossroads in her life."

A Long Time Gone gives an insightful look at southern culture and the dynamics of three generations of women who share intertwined lives. As the story opens, Vivien Walker flees a failed marriage in which she's been forbidden to have contact with her stepdaughter and returns to the Delta, a place to which she'd vowed never to return. Seeking consolation from her beloved grandmother Bootsie, she is stricken to learn Bootsie recently died. Complicating matters are her mother Carole Lynn's struggle with dementia and her brother Tommy's desperate attempt to successfully run their farm. Before she has a chance to sort things out, she is star-

ted by the arrival of her stepdaughter and the discovery of the remains of a woman, revealed by a violent storm. Seeking to embark on a journey of self-discovery, Vivian begins a quest to uncover family secrets and put to rest the ghosts of times long past.

The book is a blend of history, romance and intrigue and will appeal to a large reader-audience.

Karen White is a New York Times best-selling author who grew up in London but now lives with her husband and two children near Atlanta. She has published 18 award-winning and bestselling novels.

New York Times best-selling author Susan Vreeland coming to Atlanta on Sept. 7 to celebrate her new novel, *Lisette's List*.

EVENT DETAILS

• Susan Vreeland book talk: 2 p.m., Sept. 7; The Margaret Mitchell House, 990 Peachtree St. NE, Atlanta. Tickets: \$10 general public; \$5 Alliance Francaise Atlanta members. 25% discount on book purchases day of the event. Details: call 404-249-7015 or visit www.atlantahistorycenter.com/mmh.

You may contact Anne at annebjones@msn.com... (*Tides of Fear*, *Gold Thunder*, *A Light on Peachtree*, *All Around the Track*, *Brave at Heart*).

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Senior News & Views of Georgia

Poets' Corner

Editor's Note: If you have written a "well-worked" poem which you would like considered for publication, please forward it to: Senior News, P. O. Box 8389, Warner Robins, GA 31095-8389. Please include your name and address on your poem. We will publish selected poems (or excerpts) as space permits.

THE SEASONS

by Dr. Beatryce Newton

From seven till eleven – that's how my day begins and ends. The daylight changes with the seasons. In the fall, the light begins to fade earlier in the evening, and comes even earlier the next day.

In the spring, the sun rises from East and casts shades of morning light onto my window sill. I write notes and search for knowledge, with the morning sun to light my journey into the unknown.

As I plunder through information sorely needed, I wonder what mysteries lie beneath the piles of files before me. I pause my search to watch the morning skies of rich azure beauty.

As I sit with morning coffee, the sun's reflection against the wall, casts a calming feeling over me, which follows throughout the day.

I love summer days of bright, sunny, shady trees. Life is a leisure time of pleasure. Woe is the soul who lingers over winter's toil of sorrow. Surcease of sorrow! Sing praises for the light, the long summer nights. Let life be a happy song of light hearted dancing in the dark.

Enjoy summer fun, frolicking in the sun. The lazy, hazy days of summer nights. Lighthearted

singing, resting, reading, leading a life of simple pleasure.

Trips along the long, winding roads of trees and flowers – Flowers in gardens so delightful which warm the hearts of ladies in waiting. Mothers and their children, playing in the sand, sitting and swinging in the shade.

They weed, water and till the soil for older ladies who they love. They serve drinks to tired fathers who toil during the day, and bring gifts of joy to their families everywhere.

Oh, what happy days of summer. What glorious sunshine, long nights and early mornings – My heart sings with lingering delight.

Winter brings darkness, but not for long, fires warm the heart and bring happiness to the soul. The beautiful evening clouds with green, leafy trees between – Oh, the magic of it all. Soft music lulls me to sleep; while bird's songs awaken me. Good morning world. I happily greet you, while my soul emerges into winter's light.

OUR UNCHANGING GOD

by Marjorie A. Gillis

(From the Book: Reflections)

We never know what life will bring; The happiness; the fearful thing; The poverty or yet the wealth; The sturdy frame; the loss of health.

In faith we live from day to day Doing our best to follow His Way, Not to be shaken by the blows That plunge us from our highs to lows.

Through all, we know that He is there,

The One Who keeps us in His care, Who teaches us that life is worth Every challenge here on earth.

So mountain high or valley low, Knowing He's with us wherever we go. In our changing world, we must endure, Knowing whatever comes, His promise is sure.

THE MOON

by Mary Elliott

From my porch, I could see the full moon so bright. It had the most enchanting luminous light. As I stood there encompassed by it all, I couldn't help feel so incredibly small. Even though it was the moon, even though it was at night, There was a warm and comforting feeling of being alright. Oh, that wonderful moon that controls the tide, Makes me feel all happy inside.

THE HOUSE

by Doris Highsmith Charnock

Death, like a tornado, came into the house. Unwanted and irrevocable. Leaving the house leaning. Friends steadied the house.

A ferocious wind blew love out. Loving church members brought love back. Tears, like rain, flooded the house. Prayer dried the house out.

Paperwork caused the house to shake and tremble. Built on a rock, the house stood firm.

Spiritual Notes

SERVING GOD!

by Dr. Bill Baggett
Minister to Seniors
Dunwoody Baptist Church

It has been a pleasure to write this column for a number of years. At the end of August I am retiring and have advised the Editor of *Senior News* that I will no longer be writing for the paper. Many of you

have written me kind letters regarding any number of the topics I have addressed in the monthly column. I will miss hearing from you.

Senior adults are beset with numerous issues and concerns as the aging process takes place. There are the ever present physical changes, financial anxieties and often, loss of family members and friends. *Senior News* is a good resource for Senior Adults. I encourage you to keep getting your copy of the paper for human interest stories and pertinent information for seniors.

As I have written this column over the years my desire was to be an encourager to seniors. Seniors have many talents and gifts to share, regardless of age or physical condition. One of my life scriptures is

Psalms 100: "Make a joyful noise unto the Lord, all ye lands. Serve the Lord with gladness; come before his presence with singing. Enter into his gates with thanksgiving, and into his courts with praise; be thankful unto him, and bless his name." Serving God has enriched my life and He is so faithful. Let me encourage you, again, to trust God and use your talents in serving others.

As I "sign off," I wish to thank Ann Tunali and Billy Tucker for the opportunity they have given me to write this column. Blessings to you all!

Dr. Baggett can be reached at Dunwoody Baptist Church, 1445 Mt. Vernon Road, Atlanta, GA 30338; phone 770-280-1200.

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Watching Tech-nology slide into the future

by SUSAN LARSON

When my husband enrolled at Georgia Tech in 1962, all an aspiring engineer needed was a decent slide rule. The only thing they had to stress out over was whether to buy a Post, Pickett or K & E, each running about \$20, which, granted, was ten times the price of the plastic ones they sold at Woolworth's.

When our son enrolled at Tech in 1999, each student was required to own his own computer. That August, along with thousands of other families, I attended freshman orientation for parents where we sat through an hour-long session on mandatory computer ownership.

"Is there really so much computer work that roommates can't share a computer?" a parent asked. The computer guy explained, "It's not just a technological tool. It's a communication tool. Each student has to have an e-mail address for getting grades and a secret password to access confidential information like the status of their Buzz credit card account. And with kids being so busy, if they can't e-mail you, you'll probably never hear from them again."

The computer guy did his pitch for Tech's custom-made computers, but said we could buy any computer we wanted, no matter how cheap, as long as it met their minimum standards.

We poured over their literature and went comparison-shopping. We're not talking \$20 here. Minimum standards, which I wrote about in a column that year, included Pentium II class, 128MB of memory, 4GB hard drive, CD-ROM, sound card, speakers and 10Base-T Ethernet port, plus a DVD card. We checked out all the discounts, rebates, package deals and steals on suitable models and consulted with professionals in the field. After hours of calculating, correlating and comparing, we figured out the best bargain came in at just under \$900.

Fifteen years later, almost everything on that list of requirements is obsolete. Kids entering Tech today don't even recognize half the words. As for what is needed for 2014 admission, it is clearly posted on the Tech Web site: "Georgia Tech requires all entering undergraduate students to own a laptop computer that meets the minimum hardware and software requirements." Above that statement is a link to a 14 page document that describes all the details of said requirements, including links to additional websites for further clarification.

I can't even imagine the

requirements in 2033 when our first grandson, due on November 24, is old enough to follow in his dad's and grandfather's footsteps and enroll at Tech. Laptop computers will probably be collectors' items and that 14 page document

will most likely read like Sanskrit.

On the other hand, if that magnetic pole shift the doomsayers are predicting really does come about and wipe out all our computers, our grandson will still be good. Because sitting on the top shelf of

his grandfather's side of the closet is a K & E slide rule just waiting for him if he ever needs it.

Susan Larson is a writer from Lilburn. E-mail her at susanlarson79@gmail.com.

Safety Tips for Seniors in Extreme Heat

With the recent heat index soaring over 90 degrees in recent weeks, seniors over are at higher risk to suffer the dangerous effects of extreme heat, even if they are healthy and active people. The sense of physical well-being is never an absolute guarantee against the effects of high temperatures.

Minimal to moderate hydration in older persons can contribute to increase the risk of suffering a profound dehydration, heat exhaustion and heat stroke. Additionally, the brains of the older population often do not accurately perceive changes in temperature. Chronic medical conditions may change the body's perception of temperature and some prescription medication may impair the body's ability to absorb fluids, inhibit perspiration and create extreme sensitivity to the sun. Check with your physician for potential side effects of prescribed medication.

According to a federal study, 40% of the heat-related deaths occur among people in 65 years and older population.

Seniors should take care to avoid outdoor activity during the hottest part of the day noon-4pm, drink frequent cool non-alcoholic beverages, avoid heavy meals before going outdoors as well as wear light weight, light colored clothing and a hat.

Be aware of the warning signs of heat exhaustion or heat stroke including red, dry, hot skin with no sweating; rapid strong pulse; throbbing headache, nausea, vomiting, dizziness or confusion.

In the event you suspect a heat related crisis; immediately contact emergency services, move to a shady area or indoors immediately, douse the person with cool water by any means available-water hose, shower, wrap up in cool damp sheet and offer sips of cool non-alcoholic beverage.

You can still enjoy the lazy days of summer with a few simple precautions!

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On the Cover

Dr. Bill Baggett retires and reminisces

by SUSAN LARSON

ON THE COVER:
Dr. Bill and Lee Baggett

Dr. Bill Baggett is retiring. So he says. As he approaches his 80th birthday, he can recall dozens of leadership positions he'd held for at least 65 of those years starting with his role as President of the

Alabama High School Press Club while he was also president of his senior class in Cullman, AL.

While uplifting *Senior News* readers for years with his "Spiritual Notes," he is not an ordained minister.

"The church has always been a significant part of my life and I started out to go to seminary, but was not pleased about my choice," Baggett said. He, instead, went to University

of Alabama where he earned advanced degrees in Counseling and Educational Psychology.

His resume includes positions at Florida State University, Stetson University, Valdosta State, and University of North Florida. Then after 20 years as Dean of Men at Georgia State University, he retired. Or so he said.

From there he went on to ministering as Educational Director at The Bridge, a school for troubled teens and was instrumental in raising \$1 million for their cause. In addition, he served a total of 20 years as Minister of Music at Mount Vernon Baptist and Doraville First Baptist.

While serving at the latter, the opportunity arose for him to direct Young at Heart, the Senior Adult Ministry, at Dunwoody Baptist Church where he's been a long time member.

He met with Joy Bailey, a member of DBC, and over coffee and a bagel she convinced him to join them. And now, 17 years later, he is retiring again.

Senior Minister Mack Hannah has felt blessed to have Baggett ministering with him for nearly two decades.

"Every role he's ever been in he's been a minister," Hannah said. "It's just in his DNA. That's who he is."

Bill Baggett's Family

I have a great and loving family. Lee, my wife, is so supportive and has been a Teacher of Couples at Dunwoody Baptist for years. She graduated from Samford in four years and never made anything but A's..The first student at that institution to accomplish that in 20 years. She is a consummate mother and grandmother. We have two children, Jeff and Beth.

Jeff and wife Elise have three children. Jeff is a graduate of Ga Tech, with a MS from GSU. He works with Annon/Hewlett. Elise is a Berry College grad in Accounting. Daughter Sarah is a Doctor of Pharmacy and works at the University of Alabama Hospital in Birmingham; daughter Caitlin is a junior at the University of Alabama in a Pre-Med Program; and, son William is a freshman Mechanical Engineering major at the University of Alabama and just made the Million Dollar Marching Band.

Beth is married to Tom Williams. She is a UGA grad and teaches in the Gwinnett County Schools. Tom has a MBA from Mercer University. Their daughter Jennifer just completed an MA in Preservation History at GSU. She recently married Michael Barger and they live in Cleveland, Tenn. Son Michael is a Junior at Shorter University on a Lacrosse Scholarship.

Obviously, I am extremely proud of my family. They are all involved in community and church activities.

Bill Baggett

He has the Lord's heart. He's always upbeat and cheerful. Well, except for when Alabama loses."

A die-hard Alabama fan, Baggett has quite a collection of elephants, including wooden, ceramic, plush and marsh-mallow. "I even have one that sings the Alabama Fight Song!" he shared.



Bailey echoes Hannah's observations that no matter what Baggett does or where he goes, he's always a minister.

"He was planning a cruise down the Mississippi with his wife; and, before he left, he made out a list of all the things that needed to be done in his absence," Bailey said. "A few days later, he called to see if everything was going all right."

Sad to say for *Senior News* readers, Baggett will be retiring from his "Spiritual Notes" column as well. His column in this, the September issue, will officially be his last.

Baggett plans to live out his retirement by spending more time with his family, but he will remain active in his church. And if he's ever away on a cruise, no one at DBC should be surprised if he calls in just

continued on page 7

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Dr. Bill and Lee Baggett with family

BAGGETT
from page 6

to make sure everything is going all right. And as for that “retirement” from *Senior News*, he has already agreed that on “special occasions” he’ll minister to his fans with one of his “Spiritual Notes.”

From the Editor:

A very special and heart felt thank you to our dear friend and spiritual writer, Dr. Bill Baggett, who has been writing for *SENIOR NEWS* Newspaper as long as I can remember! We at *Senior News* have enjoyed his uplifting column and will dearly miss his inspirational and Godly advice.

May God bless and keep Bill and Lee as they journey and seek the next big project God has in store for them!

We love you and appreciate you, Dr. Baggett and your lovely wife, Lee, with all our heart! We will miss you so much and hope that you will occasionally honor us with your presence in *SENIOR NEWS* Newspaper!

Ann Tunali
Editor/ Vice President
Senior News Newspaper

A Memorable Moment with Bill Baggett
by Susan Larson

While interviewing Pastor Mack Hannah for our cover story about Bill Baggett, he told me how Bill never forgets anyone he ever encounters. He remembers students from decades past.

OK, I thought. I wasn't even going to bother to mention this to Bill, but when I worked at Georgia State's childcare center, for about six months in 1979, Bill and I rode the same MARTA bus home after work.

One day I up and asked him, “Aren't you Dr. Baggett, the Dean of Men?”

We shared tidbits about our lives and I remember making him laugh over what a terrible bridge player I

am. Then I left my job and never saw him again.

When I interviewed him last month, I asked if he might remember me.

“I remember riding the bus, but my memory isn't quite what it used to be,” he said.

He called me back the next day and asked, “You worked for Jean Thomas, didn't you?”

“Yes!” I said. Jean was Dean of Women and ran the childcare center.

“Yes,” he said, “I remember us talking about Jean and what a wonderful person she is.”

Later I smiled to myself as I thought about his elephant collection. Yes, the elephants is the mascot for Alabama. But more importantly, the elephant can also be a mascot for a man who never forgets.

From the Publisher:

Through our interactions over the many years that Dr. Bill Baggett has contributed to *Senior News* through his column *Spiritual Notes*, I have come to love and appreciate him as a dear friend and faithful fellow servant. My memory fails me as to when Bill first began his column;

but, our first electronic file copy of record is dated June 2000. However, publication of his column in *Senior News* began at an even earlier date.

No greater reputation and testimony can a person have but that they love God; and, that they love their neighbor as themselves. As I've thought of Bill over these past days and weeks, it's ranged loudly in my heart... that's Bill Baggett's reputa-

tion and testimony!

Bill... thank you for the love you've extended to us over the many years; thank you for your unwavering friendship; and, thank you for your faithful contributions to, and support of, *Senior News* and its readers! May God shower you and your family with his abundant grace and blessings as you enjoy your retirement years!

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Out & About

Booth Wester Art Museum unveiled Civil War-era cannon

Special to Senior News

CARTERSVILLE, GEORGIA

As part of Booth Western Art Museum's Birthday Party and Member Appreciation Day, on Saturday, August 23, the Museum unveiled the newest addition to the War is Hell Civil War Gallery, a circa 1863 Napoleon twelve-pound cannon.

Congressman Gingrey, Booth Museum Director of Marketing Tom Shinall, and members of the Georgia 28th Infantry re-enactment group presented the 2,300 pound cannon to Museum Members, guests, and media partners. The Museum acquired the cannon by way of loan from the U.S. Army Center for Military History and it will be prominently displayed near the entrance of the gallery.

"We are excited that the unveiling was a part of our annual Birthday Party and Member Appreciation Day," says Tom Shinall, director of marketing for the Museum. "This day was a way for us to say thank you to our members and having the opportunity to share a special moment such as this unveiling made the day even more special."

The Booth Birthday Party and Member Appreciation Day provided a day full of fun with entertainment, food, and activities. New this year, visitors could help Master Model Builder, Josh Bohn from LEOGLAND® Discovery Center Atlanta build a masterpiece. In conjunction with the Art and the Animal exhibition, at high noon and 1:00 pm, the Chattahoochee Nature Center hosted a Hawk Encounter outside the Museum's North entrance. At 1:30 pm in Bergman Theatre, the eight-sibling family band of Fish N' Picks performed a mix of bluegrass, folk, hymns, Irish, and country music. Throughout the day two puppeteers roamed the Museum entertaining and interacting with the characters of Tex and Pecos Bill from the Center of Puppetry Arts.

Returning this year to Bergman Theatre, Scott Douglas hosted his interactive Native American Music Show at 11:00 am and 2:30 pm and at 12:30 pm Jim Dunham shared his Tales of the Old West. Throughout the day, visitors were able to listen to the sounds of The Peach Pickers Band, see artist demonstrations by pastel artist Mildred Torres-Speeg, colored pencil artist David McKean, acrylic artist Amy Watts, and sculptor Pat Burns. Members of the Booth Photography Guild shared selected fine art photography works and children had the opportunity to create their own hawk, tiger or octopus mask and their very own bolo tie!

About Booth Western Art Museum

Booth Western Art Museum, an Affiliate to the Smithsonian Institution, is a 120,000 square foot museum located in Cartersville, Georgia, where guests are invited to See America's Story through contemporary Western artwork, a Presidential Gallery, Civil War art gallery, and Sagebrush Ranch, an interactive children's gallery. Open since August 2003, Booth Museum is the only museum of its kind in the Southeast and is the second largest art museum in the state of Georgia. To learn more about Booth Western Art Museum, visit www.boothmuseum.org.

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Atlanta CALENDAR

ATLANTA METRO AREA Opportunities Directory

For additional *Opportunities* listings, please visit our website at: seniornews-ga.com.

Cobb Senior Services

- Administrative Office: 1150 Powder Springs St., Suite 100, Marietta, GA 30064, 770-528-5355
- For events & activities: www.cobbse-niors.org

Multipurpose Centers:

- (Seniors age 55+)
- East Cobb Senior Center: 3332 Sandy Plains Rd., Marietta, GA 30066, 770-509-4900
 - Freeman Poole Senior Center: 4025 South Hurt Rd., Smyrna, GA 30082, 770-801-3400
 - North Cobb Senior Center: 4100 Old Highway 41, Acworth, GA 30101, 770-975-7740
 - West Cobb Senior Center: 4915 Dallas Highway, Powder Springs, GA 30127-4488, 770-528-8200

Neighborhood Centers:

- (Seniors age 60+)
- Austell Neighborhood Center: 4915 Austell-Powder Springs Rd., Austell, GA 30106, 770-819-3200
 - Marietta Neighborhood Center: 1150 Powder Springs St., Marietta, GA 30064, 770-528-2516
 - Senior Wellness Center: 1150 Powder Springs St., Suite 100, Marietta, GA 30064
 - North Cobb Neighborhood Center: 4100 Old Highway 41, Acworth, GA 30101, 770-974-2984.

Fulton County Senior Services

The Fulton County Government coordinates a variety of services at 20 senior centers. For the nearest center or more information call the Fulton County Senior Information and Assistance at 404-613-6000, or visit www.myfultoncountyga.us.

Senior Multipurpose Facilities

- Dorothy C. Benson Senior Multipurpose Complex (Includes Sandy Springs Neighborhood Senior Center): 6500 Vernon Woods Drive, Sandy Springs, 404-613-4900.
- H.J.C. Bowden Senior Multipurpose Facility: 2885 Church Street, East Point, 404-762-4821.
- Harriett G. Darnell Senior Multipurpose Facility: 677 Fairburn Road, NW, Atlanta, 404-699-8580.
- Helene S. Mills Senior Multipurpose Facility: 515 John Wesley Dobbs Avenue, Atlanta, 404-523-3353.

Neighborhood Senior Centers

- Alpharetta/Crabapple Neighborhood Senior Center, 12624 Broadwell Road, Alpharetta, 770-751-9397.
- Auburn Avenue Neighborhood Senior Center, 300 Auburn Ave., NE, Atlanta, 404-224-3140.
- Bethlehem Neighborhood Senior Center, 87 Thayer Street, NE, Atlanta, 404-577-6017.
- Camp Truitt Neighborhood Senior Center, 4320 Herschel Road, College Park, 404-762-4802.
- Cosby Spears Neighborhood Senior Center: 355 North Ave., NE, Atlanta, 404-876-4031.
- Dogwood Neighborhood Senior Center:

- 1953 Bankhead Hwy., Atlanta, 404-792-4964.
- Fairburn Neighborhood Senior Center: 109 Milo Fisher St., Fairburn, 770-306-1555.
- Fulton County QLS Senior Center: 4001 Danforth Road, SW, Atlanta, 404-699-1686.
- Hapeville Neighborhood Senior Center: 527 King Arnold St., Hapeville, 404-762-3660.
- New Horizons Neighborhood Senior Center: 745 Orr St., NW, Atlanta, 404-730-7100.
- Northside Shepherd Neighborhood Senior Center: 1705 Commerce Dr., NW, Atlanta, 404-352-9303.
- Palmetto Neighborhood Senior Center: 510 Turner Ave., Palmetto, 770-463-4990.
- Roswell Neighborhood Senior Center: 1250 Warsaw Rd., Roswell, 770-640-1583
- St. Paul Neighborhood Senior Center (Tuesdays & Thursdays): 501 Grant St., NE, Atlanta, 404-688-7501.
- Sandy Springs Neighborhood Senior Center (In same location as Dorothy C. Benson Senior Complex): 6500 Vernon Woods Dr., Sandy Springs, 404-705-4901.
- Southeast Neighborhood Senior Center: 1650 New Town Circle, SE, Atlanta, 404-624-0641.

- ### Roswell Recreation & Parks Offerings
- Roswell Recreation Senior Citizens Club: Meets each Wednesday. Activities include trips, parties, guest speakers, social functions and other activities. For membership information call 770-641-3950.
 - Monthly Luncheon: Second Wed. of the month. Must RSVP one week in advance. Call for more information.
 - Scrabble Club: First and third Tues. of each month, 10 a.m. and Mondays at 1 p.m. Call in advance to play, 770-641-3950.

Lawrenceville Senior Center

225 Benson Street, Lawrenceville
770-822-5180.

Gwinnett Senior Center

225 Bethesda Church Road, Lawrenceville,
770-822-5147

Council on Aging

Meets the first Wed. of each month in the Dorothy C. Benson Senior Multipurpose Complex, 6500 Veron Woods Drive, Sandy Springs. For complete details call 404-613-4900.

continued on page 10

NOTICE TO ALL VETERANS

Who Have Honorably Served Their Country in War & Peace

Because of the lack of burial space land devoted to a national cemetery, we at Gwinnett Cemetery Group proudly... have dedicated a Garden of Honor to accommodate honorably discharged Veterans and SPOUSES. As an Honorably Discharged Veteran who does not already own cemetery property, you qualify for a space at NO CHARGE. Payment of endowment care and deed transfer fees required. However, you must register for the space and show proof of an Honorable Discharge Certificate for the space. Spaces will be granted on a first come, first-served basis. To assure a reservation for you and your spouse mail coupon below to:

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CALENDAR

from page 9

Bartow County Senior Center
Cassville, 770-383-7383
www.bartowga.org

Fayette Senior Services
4 Center Drive, Fayetteville
770-461-0813. Call for complete details on services offered.

CLUB 55
The Bridge Community Center
225 Willowbend Rd., Peachtree City

www.thebridge-cc.org
Club 55: For adults 55 and older. Meets every 4th Wed., 1:30-3:30 p.m. for bingo, foosball, video games, movies and more. For details visit www.thewypers@bellsouth.net.

Alzheimer's Support Group
On the third Monday of every month at 7:00 p.m., Cypress Court and Vinings Place and the Greater Georgia Chapter of the Alzheimer's Association are sponsoring an Alzheimer's Support Group. This support group is intended for families and friends of a loved one afflicted with Alzheimer's Disease. For additional information and directions call 770-803-0100.

Parkinson Disease Support Groups
For information on Parkinson Disease Support Groups in the metro area, please contact Lynn Ross, LMSW, Coordinator, American Parkinson Disease Association Information & Referral Center, Emory University, at 404-728-6552 or slross@emory.edu.

Multiple Sclerosis Center of Atlanta
Support group meetings second Tuesday each month, 4-5:30 p.m., MSCA in Buckhead, 3200 Downwood Circle, Suite 550, The Palisades Building. For additional information call 404-351-0205, ext. 110, or visit www.mscaatl.org.

Alzheimer/Caregiver Support Group Meeting
First Mon. each month, 10:30 a.m. Free respite care for your loved one during meeting, must call in advance. Aloha to Aging, Inc. located in the Mt. Bethel Community Center, 4608 Lower Roswell Rd., Marietta. Call 678-439-1177.

Square Dance Class
Singles & couples welcome; free childcare, ages 5+. Hosted by Kennesaw Square Dancers. Call 404-808-8689 or visit www.squaredealers.com.

Senior Ballroom Dance
First & third Tuesdays, 7:30 p.m., Mason Mill Park, 1340 McConnell Dr., Decatur. Live band, refreshments. Call 404-679-1349.

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Atlanta World War II Round Table
Preserving History. For information call John Kovach at 770-928-4579 or visit our website at <http://atlantawwii-roundtable.org>.

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Thurs., Sept. 4, 7:30-9:30 p.m. Early American hymns sung in powerful, exuberant style, as seen in *Awake My Soul*.

Beginners welcome, instruction provided. Emory Presbyterian Church, fellowship building, 1886 N. Decatur Rd. For details and directions call 404-892-6836 or visit www.atlantasacredharp.org.

Monthly Song Circle
Fri., Sept. 26, 7:30 p.m. Group singing just for fun... no performances. Open to all. Folk music, old standards, spirituals, political songs, pop, freedom songs, country, show tunes, and more. East Lake location. For directions and more information call Bob at 404-378-5424.

continued on page 11

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CALENDAR

from page 10

Atlanta Scrabble Club
Meets the 2nd Sat. each month, 10 a.m.-noon, Centerville Community Center, 3025 Bethany Church Rd., Snellville. Bring Scrabble games and dictionaries. Cost \$1 per person per game (in cash – exact bills, please). For details call 770-557-1343 or email doc2barbara@earthlink.net.

Care & Share Support Group
First Mon., 6 p.m., Arbor Terrace of East Cobb, 886 Johnson Ferry Rd., Marietta, 770-977-4420.

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- 1) 30-40 minutes video seminar covering various topics (like God during your divorce, anger, loneliness, children, finances, etc.)
 - 2) a support group with focus.
- We'll be starting our 13-week series Tuesday evening, Aug 5 in the Education Building in the Library (Room 313) from 6:30-8:30 pm. at McKendree United Methodist Church, 1570 Lawrenceville Suwanee Rd, Lawrenceville, 770-339-9801. All are welcome and invitation is considered an open door arrangement... meaning you can join us at any time.

For additional information, contact Susan Rowe, Director of Christian Education, at 770-339-9801, ext. 26 or facilitators, Jay & Nancy Rowland, at 678-618-8735 or nancy.m.rowland@gmail.com.

Atlanta Regional Housing Forum
Housing, Aging and Health Agenda
Wed., Sept. 3, 9:30-11:45 am, St. Luke's Episcopal Church, 435 Peachtree Street NE, Atlanta. Space is limited. For details visit www.AtlantaRegionalHousing.org/forum.

Attention Golfers!
The KIDSTUFF Annual Golf Tournament is set for Sept. 9th at the Georgia Golf Club. Funds collected will benefit Spectrum and other local autism organizations. For info visit www.kidstuff-usa.org.

Fall Festival & Health Fair
Monastery of the Holy Spirit
Sat., Oct. 4, 10 a.m.-5 p.m. Free health screenings, free samples of Monastery food products, classic car show, lots of activities for grandchildren, free admission. Visit www.trappist.net.

Oktoberfest
Oct. 4, 11 a.m.-6 p.m., Trinity Lutheran Church, 1826 Killian Hill Rd., Lilburn. For info visit www.tlc-lilburn.org.



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Equal Housing Opportunity

Dolores Hopkins Lauderdale crowned Ms. Senior Georgia 2014



Dolores Hopkins Lauderdale
Ms. Senior Georgia 2014

Special to *Senior News*

Dolores Hopkins Lauderdale was crowned Ms. Senior Georgia 2014 is the 25th Annual Ms. Senior Georgia Pageant held at the Roswell Cultural Arts Center. First Runner-up was Cheryl Willoughby of Rome and Second Runner-up was Sheila Phillips of Albany. Charlene McCann of Augusta won the Congeniality

title and Bernadine Cantrell of Woodstock was named Saleswoman Extraordinaire for selling the most ads in the pageant program. Special Recognition Awards were presented to Lynda Dawson of Hamilton and Jan Jones of

Conyers.

The Ms. Senior Georgia Pageant is presented annually by the Georgia Classic Club, of which all members are former contestants and is open to Georgia women over 60 years of age.

Ocmulgee National Monument to hold Annual Indian Celebration

Special to *Senior News*

Ocmulgee National Monument located in Macon, Georgia will host the Annual Ocmulgee Indian Celebration September 20 and 21. This cultural experience provides an opportunity to interact with people from all of the Southeastern Native cultures, plus representatives of other tribes from throughout the nation. Over 300 Native People, artists, dancers, storytellers, musicians, and historic lifestyle demonstrators, will share their culture with the visiting public. The Celebration is open from 10:00 a.m. to 5:00 p.m. both days. The cost is \$6 for adults and \$3 for both children 6 to 12 and active duty military, children under 6 are free.

This year's Celebration will feature many of the popular artists, dancers, and storytellers returning from past years. New events will include a Native stickball game demonstration. Native foods such as Indian tacos, fry bread, buffalo burgers, and roasted corn will be available along with drinks, ice cream, and hot dogs.

Superintendent Jim David stated, "This is a great opportunity for people to come out to interact and learn from the people whose ancestors were on this site for thousands of years before the city of Macon was founded. It is an event that all members of the family can enjoy."

Our Skilled Nursing Center is

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